



The Source

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If you or someone you know is in need of food bank support, visit the “Find A Food Bank” page on our website, or phone 705-324-0707



Wrapping Up the Summer Lunch Outreach Program 2023!

The 2023 Summer Lunch Program ran from July 5th to August 25th, for a total of 19 distribution days. Throughout these 19 days, **462 lunches were made, 425 were given directly to children during distribution days, and the remaining 37 were donated to A Place Called Home and BGC Kawarthas.**

Community partners helped greatly this year, with Community Care City of Kawartha

Lakes providing transportation to Sebright, Kawartha Lakes Library hosting distribution at their Dalton branch, and Community Living Trent Highlands assisting with distribution in Lindsay. Thank you also to both JB Concepts and Cedar Springs Signs for your financial support and to Fresh FuelL for donating over 100 fresh apples to the program. **We are extremely appreciative of all of our partners and supporters!**

Look who's helping feed our neighbours!



Cash Donors: Ken Campbell, Jane Paice, Ken Raymond, Carol Buckley, Leo Brockman, Sharon Pollard, Darlene Hallett, Shirley Toombs, Katherine Reddick, Mary Haydock, John and Sheila Bebbington, Mary Eleanor Henley, Lynn and Diane Johnson, George and Linda Skerratt, Hector and Aileen Naylor, Larry and Michellen Wilson, Pooran and Cilia Manmohansingh, Marlene Hamilton, David Simser, Terrance and Debra Oliver, Andris Smits, Sharon Dawson, Marg Wansbrough, Marilyn Walsh, Karen Coe, Harvey and Janet Risebrough, John and Florence Murray, Dianne Evans, Michael Locke, Keith and Pat Jack, June Gall, Mary Anne Banwell, Mark Joncas, Milton Battersby, Lucy Moulton, Robert and Barbara Lovitt, Frances Shelton, Simon and Gloria Connell, Simon Snellen, Joan Johnson, Mike and Wendy Villemaire, Arlene McLean, Tamara Adams, Lindsay Christian Reformed Church, Congregation of the Sisters of St. Joseph, and The Foster Hewitt Foundation..

Monthly Donors: Roberta Allen, Mary Auld, Rob and Rose Barg, Laurie Cameron, Pat Casey, Suzanne Clark, Barbara Corp, Francis and Jacey Culham, Michael Cummings, Henry Dening, Muriel Ellis, Lisa Fedele, Kelsey Gibson, Jennifer Gilmer, John and Elizabeth Gundy, Brian and Pat Henderson, Patricia Herlihey, Douglas Horton, John Hunter, Patricia Jarvie, Timothy Jenkins, Patti Jones, Yvonne Kehoe, Betty Kellestine, Bonnie Kennedy, Grace King, Allin Kingdom, Trevor and Shannon Kuypers, Katherine Le Gresley, Marion LeBlanc, Lynda Maxwell, Catherine Morrison, Gwen Mossini, Joann Nairn, Carol Nicholson, Kenneth and Arlene Oakes, Girish Patel, Annette Payne, Yvette Peel, Catherine Philp, Arnold Porter, William and Margaret Preston, Alyson Read, Virginia Reeds, Ellen Ritchie, Anne Rodd, John and Julia Ruiters, Joan Shippel, Sheila Smith, Earl Spence, Bert and Sheila Stillwell, Devavrat Sud, Barbara Taylor, Gord Travis, Linda Tripp, Barbara Truax, Mike and Wendy Villemaire, Doug Watson, and Larry and Michelle Wilson.



Jolly Jog 2023 is Fast Approaching!

Don't put away your running shoes just yet! Our annual Jolly Jog fundraiser will be **taking place this year on November 18!**

Just like years prior, Jolly Joggers will meet at the Lindsay Collegiate and Vocational Institute (LCVI) in Lindsay and begin the 5km run/walk around town. The event is free for participants, but we always accept monetary donations upon sign-up and strongly encourage participants to collect pledges for their jog. Gather your friends and family and stay tuned for more details about Jolly Jog 2023!

Jolly Jog also seeks the support of event sponsors! If you own or manage a local business or organization and are interested in learning more about being an event sponsor and the benefits of doing so, please contact us! Abe Draycott, our Community Engagement Coordinator, can be reached at volunteer@kawarthalakesfoodsource.com or (705) 324-0707.



Donate Your Surplus Produce!

We were fortunate to receive plenty of fresh produce donations from our generous community this summer to distribute to our member food banks and organizations, but with winter approaching, vegetable donations will end quickly. Despite our best efforts to maintain an inventory of healthy foods, individuals that rely on our services

and the services of our members will lose significant access to fresh produce after the gardening season ends.

KLFS would like to remind you that we always look forward to receiving any surplus vegetables you may have as we enter the fall season! Folks often have too much produce to cook or properly store at home by the end of the summer, and if this is true for you, we hope you will consider donating to KLFS. Our distribution centre has a large walk-in fridge and freezer that allow us to store produce for longer, which then extends the period of time we can provide vegetables to our members as well. If you would like to donate fresh produce, please come directly to our distribution centre, located at 164 Needham Street, Lindsay.

Get Ready for Our Annual Thanksgiving Door-to-Door Food Drive!

Kawartha Lakes Food Source

Thanksgiving DOOR-TO-DOOR FOOD DRIVE

Saturday, September 23

Pickup for homes on or north of Colborne St

Saturday, September 30

Pickup for homes south of Colborne St

PORCH PICKUPS FROM 10AM TO 12PM

If you have any questions, please email

volunteere@kawarthalakesfoodsource.com
or call **705-324-0707**

Attention Lindsay Residents! We will once again be organizing our Thanksgiving Door-To-Door Food Drive this year so that more families and individuals can enjoy traditional holiday meals. The food drive will be porch-pickup style, meaning you can simply leave your bag of donations in a visible spot on your property where a KLFS staff or volunteer will pick it up on the morning of the food drive!

As in previous years, the town will be separated into two different pick-up dates: donations from homes on or north of Colborne Street will be collected on Saturday, September 23 between 10am-12pm, while donations from homes south of Colborne Street will be collected on Saturday, September 30 between 10am-12pm.

Needs List

- Canned Meats: Turkey, chicken & ham
- Boxed Stuffing
- Canned Veggies: Corn, carrots, peas, etc.
- Boxed or Canned Potatoes
- Pancake Mix & Maple Syrup
- Baking Supplies

Look who's helping feed our neighbours!



Online Donors: Susan Morrison, Patricia Harkot, Paul Weinwurm, Amanda Mills, Margaret Harper, Joanne Roberts, Donald T. Kennedy, Mona Malcolm Sharman, Frank Basingthwaite, Lawrence and Leona Crocker, Lisa Wernham, Shane Day, Robert Naylor, Sallie Byer, and Denise Williams.

Monthly Online Donors: Deborah Mohr, Micheal T and Mary Scott, Deborah Smith, Tim Jenkins, Beth Tait, Sandra Boksmann, Brian Rump, Barbra Glass, Lisa Van Halteren, Barbra Evans, Cathie Ritchie, Daniel Grima, Kenneth Koski, Mary Ellen Wood, Gwen Allore, Peter Maitland, Christine Schaafsma, Andrew Leach, Jeremy Kraemer, Shannon Roszell, Sandra and Bob Laurence, Nanci Byer, Pamela Lawson, Paul Jantzi, Veerle De Lombaerde, Janet Armstrong, Donna S Thompson, Jennifer Connor, Denise Williams, Sallie Byer, Virginia Hewton, Grace Pineau, Karan Byrappa Ramesh, Karen and Ivan Goodhand, and 3 Anonymous.

Food Donors: Country Estates, Kawartha Dairy Ltd., Elaine Skinner, Zone 8 Egg Farmers of Ontario, Karen Strong and K-Dawgz, Woodville Farms Ltd., Gladys Orozco, Iron Dragons M.C., Eleanor Baldry, Baker Tilley, Kawartha Lakes Micro Greens, and Kawartha Art Gallery.

Community Events and In-Kind Donations: Carol Ann Jewell, Sherry Nielsen, K-Dawg, Woodville Farms, St. Vincent Depaul, Charlene Vanderburg, Rob and Lisa Page, Ainsley Herlihey, Affinity Group Pinnacle Realty, Lindsay Bike Nights, and Crayola.

In Memory: Lynda Maxwell in memory of Aunties and David, Carolyn Dittmar in memory of Bill "Willie" Long, Arnold Porter in memory of Sylvia Porter Molsonm, Henry Dening in memory of Albert, Robert Graham in memory of Bronwen Langley, Mike Tangney in memory of Doug Tangney, Anne Rodd in memory of Barb Fairbairn, Diane Pearson in memory of Charlene Smith, and 2 Anonymous.

In Honour: Donna Cabell in honour of Eleanor Baldry's 80th birthday, Heather Sisson in honour of Eleanor Baldry's 80th birthday, Keith and Marilyn Junkin in honour of Eleanor Baldry's 80th birthday, Wayne and Ann Macleish in honour of Eleanor Baldry's 80th birthday, Susan M. Seabrooke in honour of Eleanor Baldry's 80th birthday, Michael Bak in honour of Anniversary of Marg and Mike Bak, Trish Todd, Craig Horsley, Victoria Place Association, OSSTF Trillium Lakelands District 15 in honour of Jim Chase, and 1 Anonymous.

KLFS Receives Award from Food Banks Canada!

In June, Executive Director Heather Kirby attended the Food Banks Canada national conference in Edmonton and received the **Excellence in Food Banking Award 2023**. This award honours the most outstanding food bank in the Food Banks Canada network for going above and beyond the core mission of providing food to those needing help. Award recipients play an instrumental role in improving the communities they serve through creative, efficient, and successful programs and services to exemplify the highest standards of operation. **Criteria for the award includes funding development, technology, volunteer development, capacity building, community leadership and mentoring.**

"We are very proud of the work that we do for our community, and it was an honour to receive this recognition." – Heather Kirby



Thank you to Kawartha Art Gallery for Their Continuous Support!

Kawartha Art Gallery has consistently been collecting food and monetary donations on our behalf for years, and they are an amazing indication of how local businesses and organizations can support each other. Most recently, the gallery donated **\$100 and 45lbs of non-perishable food** to KLFS!

We are incredibly thankful that Kawartha Art Gallery has integrated our mission to end hunger in the community into their goals and initiatives. Through their free programs like Crazy Creative, the gallery asks participants to make a monetary donation for KLFS, this year deciding to direct their contributions to **help fund the Summer Lunch Program**. Thank you, Kawartha Art Gallery, your support goes a long way!



THANK YOU
for your generosity!

DONATE TODAY!

kawarthalakesfoodsource.com

A HUGE THANK YOU our volunteers who sort, pick up donations, drop off supplies, plan events, organize food drives, deliver food hampers and so much more!

KLFS MEMBER AGENCIES:

Coboconk Community Food Bank
Dunsford Community Food Bank
Fenelon Falls Salvation Army
Kinmount & Area Food Bank
Lindsay Community Food Market
Omeme Food Bank
Women's Resources
Woodville Eldon Food Bank



21 Member Schools Participating in Fruit & Milk Program