



The Source

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If you or someone you know is in need of food bank support, visit the “Find A Food Bank” page on our website, or phone 705-324-0707



KLFS’ July Food Drive Was a Success!

Congratulations and THANK YOU City of Kawartha Lakes! On July 8th, we hosted a food drive that raised over **650 pounds of non-perishable foods** and **\$200 in monetary donations**, which contributed to supporting those in need in our community during the summer. Thank you so much for your generosity, CKL!

2022 Summer Lunch Program

Our 2022 Summer Lunch Program has officially come to an end. Val, the program’s coordinator, grocery shopped, prepped, cooked, packaged, and distributed a total of **588 free and healthy lunches** to elementary-aged children during July and August.

Val did a wonderful job this summer and we wish her well as she begins her first year of undergraduate studies at the University of Ottawa!



Look who's helping feed our neighbours!



Cash Donors: Virginia Reeds, D. Lackey, Jo Alberti, Diane Conway, Hector and Aileen Naylor, Coboconk Food Bank, Katherine Reddick, Kayla Henderson, Bob Mark New Holland, Alan Gray, Leo Brockman, Mike Dando, Simon Snellen, Sharon Pollard, John and Julia Rüter, Ken Raymond, Loreen Harris, George Thomson, Girish Patel, Ialean Foster, Milton Battersby, The Foster Hewitt Foundation

Monthly Donors: Marion LeBlanc, Michael and Catherine Puffer, Roberta Allen, Mary Auld, Rob and Rose Barg, Laurie Cameron, Barbie Corp, Francis and Jacey Culham, Michael Cummings, Anne & George Davies, Lisa Fedele, Alexandra Fulton, Kelsey Gibson, Allison Hannah, Brian and Pat Henderson, Douglas Horton, Patricia J Jarvie, Patti Jones, Yvonne Kehoe, Betty Kellestine, Katherine Le Gresley, Joann Nairn, Catherine Philp, Virginia Reeds, Joan E. Shippel, Sheila Smith, Caleb B. Stillwell, Barbara Taylor, Mrs. Barbara Truax, Doug & Kristen Watson, Larry & Michelle Wilson, Earl Spence, Carol Nicholson, Shannon Kuypers, Jennifer J Gilmer, Anne Rodd

Online Donors: Amy Shannon, Martha Pendlebury, Roxanne Carter, Sandra Falconer, Paul Weinwurm, Victor Remeika, Yvette Peel, Donna Chambers, Shane Day, Steve Strathdee, Robert Naylor, 5 Anonymous

Monthly Online Donors: Donna S Thompson, Jennifer Connor, Denise Williams, Sallie Byer, Barb Donnan, Brian Rump, Lisa Van Halteren, Armada Toolworks Ltd., Barbara Glass, Barbara Evans, John and Elizabeth Gundy, Cathie Ritchie, Daniel Grima, Kenneth Koski, Gwen Allore, Peter Maitland, Christine Schaafsma, Jeremy Kraemer, Andrew Leach, Shannon Roszell, Nanci Byer, Sandra and Bob Laurence, Deborah Mohr, Micheal T and Mary Scott, Bruce Couling, Muriel Ellis, Deborah Smith, Tim Jenkins, Beth Tait, Sandra Boksman, Steven Roffe

Happy Birthday Jacob and Paxton!

Brothers Jacob and Paxton celebrated their birthdays by collecting food donations for KLFS, which totaled an impressive **31 pounds!** It was incredible to see the excitement and empowerment radiating off these young boys as they dropped off their donations to our staff.



Jacob and Paxton are an inspiration to turn your birthday into a food drive to support KLFS and those that are hungry in our community. Thank you and happy birthday, boys!



Kawartha Lakes Realtors Care

KLFS was fortunate to receive a generous donation of **\$2000 from the Ontario REALTORS Care Foundation** with the support of our local Kawartha Lakes Real Estate

Association. The funds will help us continue to provide much needed perishables like milk and eggs to our member food banks and social service organizations. Thank you so much, Kawartha Lakes Real Estate Association!

DONATE NOW!

Visit kawarthalakesfoodsource.com to donate online.

KLFS MEMBER AGENCIES:

Coboconk Community Food Bank
Dunsford Community Food Bank
Fenelon Falls Salvation Army
Kinmount & Area Food Bank
Lindsay Community Food Market
Omeme Food Bank
Women's Resources
Woodville Eldon Food Bank



21 Member Schools Participating in Grab n'Grow Program



Member Spotlight: Omemee Food Bank

Did you know the Omemee Food Bank was established in 1992? The minister and congregation of Anglican Christ Church saw the need in their community, and with Lindsay being the closest food bank, transportation was a major obstacle. The food bank was launched as an initial **3-month pilot project** and, **30 years later**, it's still serving the community.

Our thanks to the volunteers and staff for their continued effort to reduce hunger in Omemee. It's an honour to contribute to their cause.



Food Literacy Program: Community Kitchen

The Community Kitchen is an exciting initiative under KLFS' Food Literacy Program. It provides **six families** with necessary **ingredients**, cooking equipment,

and instructions, so they can prepare a different set of recipes each week for five weeks. **Cooking classes** are taught virtually by the program's coordinator, Tamara, so participants can tune in online and follow Tamara step-by-step as they make the dish for themselves.

Smile Cookie Week is Coming!

This year, Smile Cookie Week is taking place from **September 19th to the 25th**, and we are happy to be a beneficiary once again! Don't forget to grab a cookie (or twelve) from any **Tim Horton's location in Lindsay**, where all funds raised will support food banks and food insecurity programming in the City of Kawartha Lakes. Thank you so much, Tim Horton's, you sure make us smile!

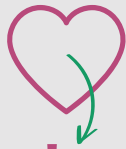


A HUGE thank you

to our volunteers who sort, pick up donations, drop off supplies, plan events, organize food drives, deliver food hampers and so much more!



Look who's helping feed our neighbours!



Monthly Online Donors (cont'd):

Pamela Lawson, Mary Ellen Wood, Paul Jantzi, Veerle De Lombaerde, Virginia Hewton, Janet Armstrong and John Sanders, 7 Anonymous

Food Donors: Nesbitt's Meat Market, Paul Scully, St Andrew's Presbyterian Church, Farmer's Butcher Shop, Kawartha Dairy, Bethany Food Bank, Unwrapped, KLAWS, Feed Ontario, Kawartha Sewing, 28 Anonymous

Fresh Produce Donors: Rick Cornelis, Adrian and Betty Brouwer, United Way, James Youells, Bill Wilms, Peter and Gail Payne, Cordula Winkelaar, 30 Anonymous

Community Events: VCCS Y-Step Program Food Drive, U11 BB Lindsay Muskies Fundraiser, Kawartha Art Gallery Crazy Creative Fundraiser, Rose Courville School Project Food Drive, Adelaide Place Bingo League Fundraiser, Jennings Creek Christian Reformed Church Food Collection, Oliver's Nest Golf Course Tournament Food Drive, Giant Tiger Round Up at the Till, Central Senior Public School Food Drive

In Memory: Roxanne Carter in memory of Frank Hartle, Donna Chambers in memory of Karen, Russ Letson in memory of Dave Smith

In Honour: Sandra Falconer in honour of Jim Callaghan's 20th Birthday

Ontario Trillium Foundation

We are grateful to the Ontario Trillium Foundation (OTF) for awarding us with their **Seed Grant and Resilient Communities Fund Grant** in 2020. Both grants have had a sustained positive impact over the past two years. The first was used to launch an innovative **Food Literacy program** that has provided more than 300 community members with the tools, ingredients, and skills required to cook at home.

The second grant funded a complete overhaul of the **KLFS fundraising strategy** to bring the organization into the digital age and up to speed with best industry practices.



Kawartha Lakes Food Source

Thanksgiving Door-to-Door food drive

Saturday, September 24
Pickup for homes **on or North of Colborne St**

Saturday, October 1
Pickup for homes **South of Colborne St**

PORCH PICKUPS FROM 10AM TO 12PM

If you have any questions,
email info@kawarthalakesfoodsource.com or
call 705-324-0707

2022 Thanksgiving Food Drive

Attention, Lindsay Residents! We're once more holding the **Thanksgiving Door-to-Door Food Drive** in preparation for the holiday. It will be a porch pick-up drive, so simply put your bag of donations in a visible location on your property in the morning, and volunteers will come pick it up! Last year we raised over **6000 pounds of food**; can we beat that total in 2022?