



The Source

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If you or someone you know is in need of food bank support, visit the “Find A Food Bank” page on our website, or phone 705-324-0707

To Our Volunteers: We ♥ You

At Kawartha Lakes Food Source, we are lucky to have a substantial team of passionate, driven, and dedicated volunteers that support us in a variety of essential roles. Volunteer positions include sorting food at the distribution centre, driving to pick up or drop off donated and purchased food, gardening in our Open Gardens to produce and harvest fresh vegetables, and volunteering at food drives, fundraisers, or other community events.

In 2022, 103 different individuals volunteered at KLFS, collectively donating an incredible total of 3067 hours of their time just in one year alone! Our volunteers have a significant impact on our capacity to operate day-to-day and expand our programs. Thank you to all of our volunteers, whether you support us once per year or once per week, Kawartha Lakes Food Source is grateful for you!



Look who's helping feed our neighbours!

Cash Donors: Lorne and Marilyn Bagshaw, Milton Battersby, Leo Brockman, Susan Brooks, Ross and Carole Brown, Lorna Callaghan, Lawrence Crocker, John and Elaine Crosgrey, Verna Curtin, Sharon Dawson, Dale and Bonnie Drake, David and Ellen Edney, Diane Evans, Kim Fintelman, Alexander and Carol Fulton, Nancy Graham, Helga Guthrie, Mary Eleanor Henley, Margaret Hiscoke, Painting by Sue Hunter, Herb Irvine, Mark Joncas, Yvonne Kehoe, Shirley Lockwood, Norman and Evelyn MacKinnon, Lois Marks, Cynthia Morton, Lucy Moulton, Hector and Aileen Naylor, Lloyd O'Connell, Terrance and Debra Oliver, Jean-Marc Ouellet, Girish Patel, Lorraine Perdue, Grant and Carol Peters, Catherine Philp, Sharon Pollard, Beverly Prestage, Max and Patricia Radiff, Ken Raymond, Harvey and Janet Risebrough, Doug Robertson, Margaret Ross, Jane Schulist-Green, William and Betty Shea, Simon Snellen, Natale Stoppa, Steve Strathdee, Shirley Thornbury, Larry and Linda Todd, Gord Travis, Barbara Truax, Ted and Tracey Twohey, Brian and Anne Wakelin, Waste Logix, R.J. Brown Insurance Broker, Double "M" R.V. Resort and Campground, Lindsay Christian Reformed Church, Preceptor Beta Upsilon, and 11 Anonymous.

KLFS MEMBER AGENCIES:

Coboconk Community Food Bank
Dunsford Community Food Bank
Fenelon Falls Salvation Army
Kinmount & Area Food Bank
Lindsay Community Food Market
Omeme Food Bank

Women's Resources
Woodville Eldon Food Bank
21 Member Schools
Participating in Fruit & Milk Program



Look who's helping feed our neighbours!



Monthly Donors: Roberta Allen, Mary Auld, Rob and Rose Barg, Laurie Cameron, Pat Casey, Suzanne Clark, Barbara Corp, Francis and Jacey Culham, Michael Cummings, Anne and George Davies, Henry Dening, Muriel Ellis, Lisa Fedele, Kelsey Gibson, Jennifer Gilmer, John and Elizabeth Gundy, Allison Hannah, Brian and Pat Henderson, Patricia Herlihey, Douglas Horton, John Hunter, Patricia Jarvie, Patti Jones, Yvonne Kehoe, Eileen Kellestine, Bonnie Kennedy, Allin Kingdom, Trevor and Shannon Kuypers, Katherine Le Gresley, Marion LeBlanc, Lynda Maxwell, Catherine Morrison, Gwen Mossini, Joann Nairn, Carol Nicholson, Kenneth and Arlene Oakes, Annette Payne, Yvette Peel, Catherine Philp, William and Margaret Preston, Michael and Catherine Puffer, Alyson Read, Virginia Reeds, Ellen Ritchie, Anne Rodd, Joan Shippel, Sheila Smith, Earl Spence, Bert and Sheila Stillwell, Barbara Taylor, Gord Travis, Linda Tripp, Barbara Truax, Doug Watson, Larry and Michelle Wilson, and Paul Weinwurm.

Online Donors: Micheal T and Mary Scott, Robert Naylor, E. Jane Avery, Frank Bassingthwaite, Mairi K. Bew, Deborah Bloom, Douglas Brenner, Kelly Briere, Sarah Covert, Leon Des Rochers, Carolyn Dittmar, Judy Erkkila, Marilyn Hoekstra, John and Claudia Hollows, Timothy Jenkins, Linda Johnson, Bonnie Kennedy, Wendy Kennedy, William Kerrivan, Grace King, Gordon MacMillan, Annette Payne, Peter Petrosniak, Alyson Read, Tony Reitzel, Ken Rogers, Patricia Siegel, Devavrat Sud, Katherine Van Kooten, Mike and Wendy Villemaire, Bruce James Walker, Jason Ward, Paul Weinwurm, Mary Jane Williams, and Charles Wilson.

Monthly Online Donors: Deborah Mohr, Micheal T and Mary Scott, Deborah Smith, Tim Jenkins, Beth Tait, Sandra Boksman, Brian Rump, Barbra Glass, Lisa Van Halteren, Barbra Evans, Cathie Ritchie, Daniel Grima, Kenneth Koski, Mary Ellen Wood, Gwen Allore, Peter Maitland, Christine Schaafsma, Andrew Leach, Jeremy Kraemer, Shannon Roszell, Sandra and Bob Laurence, Nanci Byer, Pamela Lawson, Paul Jantzi, Veerle De Lombaerde, Janet Armstrong, Donna S Thompson, Jennifer Connor, Denise Williams, Sallie Byer, Virginia Hewton, Grace Pineau, and 3 Anonymous.

Announcing the 2023 Barbara Truax Volunteer Award Winner... Joanna Sutherland!

The Barbara Truax Volunteer Award honours the contributions, dedication, and positive energy of one volunteer every year. Barb has been involved with Kawartha Lakes Food Source since 2002, when the organization was first established, taking on different roles or contributing in various ways ever since. This year, the Barbara Truax Volunteer Award was given to Joanne Sutherland!

Joanne Sutherland has been a **Sorting Volunteer at Kawartha Lakes Food**

Source since 2018, where she categorizes, checks best before dates, and confirms packaging is intact for all non-perishable food items we receive in the distribution centre. Joanne has earned the title of **'Master Sorter'**, always working quickly and accurately to ensure our members receive food that is safe for their clients to eat. In addition to her main volunteering role, Joanne also supports other events like Smile Cookie Week and the Easter Dinner initiative that fed 308 struggling families or households in our community this year.

Congratulations and thank you to Joanne for dedicating so much time to KLFS and our mission to end hunger in the City of Kawartha Lakes!



The 2023 Easter Dinner Initiative Fed Hundreds!

The Easter Dinner initiative provides hampers of food containing all the fixings for a delicious Easter dinner, including ham, fresh potatoes and carrots, a can of green beans, buns and margarine, with cookies and chocolate bunnies for dessert.

This year, Kawartha Lakes Food Source is proud to announce we **distributed 308 hampers to families and households, which fed a total of 808 individuals** that are struggling in our community! The Easter Dinner initiative is generously supported by Marco Polo.

We Filled a Fire Truck with Food Donations!

The Lindsay Fire Department organized the 'Fill a Fire Truck' food drive again this year to support Kawartha Lakes Food Source! Their hard work and generosity made a massive impact, **collecting a total of 3037lbs of food** and filling their fire truck to the brim!



Loblaws in Lindsay and their amazing staff also contributed to the food drive by donating their time to pre-pack hundreds of bags of food, readily available for purchase. Bags were filled with items most needed at our member food banks. **Thank you to the Lindsay Fire Department and Loblaws for their effort!**



'Easter in the Park' Made a Huge Impact!

The wonderful team of realtors at **Affinity Group Pinnacle Realty** organized the exciting event 'Easter in the Park' with **Kawartha Parks and Recreation** and **Kawartha Lakes Public Library**, where they invited visitors to donate food for

us, here at KLFS! The event was action-packed with activities like an Easter egg hunt, face painting, and games for kids and their families, which took place in Lindsay's beautiful Victoria Park.

The community's response to Affinity Group's initiative was outstanding: countless people arrived to participate and donate, **gathering over 350lbs of food for KLFS!** Events like these not only generate more donations to distribute to our members and their clients, but they also help raise awareness of Kawartha Lakes Food Source and how to support those that are hungry in our community. Thank you to all who organized and participated in this year's Easter in the Park!

Look who's helping feed our neighbours!



Food Donors: Janet Armstrong, Smitty's Restaurant, William Battersby, Ed Hanson, Maryland Farms, Vosbrae Dairy, and St. Vincent Depaul Society.

In Memory: John and Anne McEwen in memory of Jessie, Valerie Parliament in memory of John Sanders, Linda Raney in memory of John Sanders, Debbie Morgan in memory of John Sanders, Kerry Mount in memory of John Sanders, Geraldine Lodwick in memory of John Sanders, Kim and Frank Auddino in memory of John Sanders, Debbie Wittgen in memory of John Sanders, Thomas Murphy in memory of John Sanders, Janet Armstrong in memory of John Sanders, Jean Fisher in memory of John Sanders, Norma Gilbert in memory of John Sanders, MaryLou Moore in memory of John Sanders, Nancy Newton in memory of John Sanders, Bernice Krawec in memory of John Sanders, Wendy Troup in memory of John Sanders, Robert and Helen Symons in memory of John Sanders, Christi Miarka in memory of John Sanders, Margaret Hiscoke in memory of John Sanders, Diane Pearson in memory of John Sanders, Veronica Abrahamson in memory of John Sanders, Lynda Maxwell in memory of Aunties and David, James and Donna Scott in memory of Missy O'Neill, Jody Clements in memory of Melissa O'Neill, Marie Bell in memory of Pearl Houghton, Michael and Wendy McNamee in memory of Keri-Ann Purcell, Denise Buchanan in memory of Keri-Ann Purcell, Beverly and Brent Harlow in memory of Keri-Ann Purcell, Garry and Fay McCabe in memory of Howard Black, James and Donna Scott in memory of Jim O'Reilly, Hector and Aileen Naylor in memory of Jim O'Reilly, Laurent Murphy in memory of Jean Sexsmith, Lynda Hammond in memory of Jean Sexsmith, Arnold Porter in memory of Sylvia Porter Molson, and Anonymous in memory of Keith Livingston.

THANK YOU for your generosity!

DONATE NOW!

Visit
kawarthalakesfoodsource.com
to donate online.

Take a Bite Out of Hunger 2023 Was a Success!

We partnered with **Hobart's Restaurant** once again this year to organize the fundraiser 'Take a Bite Out of Hunger,' a three-course dinner with a selection of feature cocktails, live music by Randy Read, and a raffle prize worth \$850!



Look who's helping feed our neighbours!



In Honour: John and Anne McEwen in memory of Jessie, Valerie Parliament in memory of John Sanders, Linda Raney in memory of John Sanders, Debbie Morgan in memory of John Sanders, Kerry Mount in memory of John Sanders, Geraldine Lodwick in memory of John Sanders, Kim and Frank Auddino in memory of John Sanders, Debbie Wittgen in memory of John Sanders, Thomas Murphy in memory of John Sanders, Janet Armstrong in memory of John Sanders, Jean Fisher in memory of John Sanders, Norma Gilbert in memory of John Sanders, MaryLou Moore in memory of John Sanders, Nancy Newton in memory of John Sanders, Bernice Krawec in memory of John Sanders, Wendy Troup in memory of John Sanders, Robert and Helen Symons in memory of John Sanders, Christi Miarka in memory of John Sanders, Margaret Hiscoke in memory of John Sanders, Diane Pearson in memory of John Sanders, Veronica Abrahamson in memory of John Sanders, Lynda Maxwell in memory of Aunties and David, James and Donna Scott in memory of Missy O'Neill, Jody Clements in memory of Melissa O'Neill, Marie Bell in memory of Pearl Houghton, Michael and Wendy McNamee in memory of Keri-Ann Purcell, Denise Buchanan in memory of Keri-Ann Purcell, Beverly and Brent Harlow in memory of Keri-Ann Purcell, Garry and Fay McCabe in memory of Howard Black, James and Donna Scott in memory of Jim O'Reilly, Hector and Aileen Naylor in memory of Jim O'Reilly, Laurent Murphy in memory of Jean Sexsmith, Lynda Hammond in memory of Jean Sexsmith, Arnold Porter in memory of Sylvia Porter Molson, and Anonymous in memory of Keith Livingston.

Community Events: John and Maria Bennett, Mary Ellen Gerster, Lorna E. Green, Kimberley Hiddink, Joanne Hough, Alex and Marg Istchenko, Wayne and Ann Macleish, Gillian Willcocks, Hobart's Restaurant, Farmer's Butcher Shop, Thurston's Butcher Shop, Lunar Rhythm Gardens, Kendal Hills Farm, Mariposa Dairy, Victoria Apiaries, Phoenix Farms, Kawartha Dairy, Sysco, Bobcaygeon Brewing Co, Manitoulin Brewing Co, Home Hardware Lindsay, Canadian Linen, Women's Probus Club, and Affinity Group Pinnacle Realty Ltd. Brokerage.

KLFS is grateful to all of those who purchased tickets to attend, Hobart's amazing staff and owner Bryce Saunders, and all of the local farmers, butchers, and vendors who contributed to the event, including:

- **Hobart's Restaurant**, who donated their time, the restaurant space, wine and a gift card for the raffle, and some ingredients used in the menu;
- **Farmer's Butcher Shop and Thurston's Family Butcher Shop**, who each donated half of the steaks;
- **Lunar Rhythm Gardens**, who donated carrots, potatoes, and various greens;
- **Kendal Hills Farm**, who donated oyster mushrooms;
- **Mariposa Dairy**, who donated feta cheese;
- **Victoria Apiaries**, who donated honey and maple syrup;
- **Phoenix Farms**, who donated eggs;
- **Kawartha Dairy**, who donated whipping cream;
- **Sysco**, who donated salmon and other various ingredients;
- **Bobcaygeon Brewing Co. and Manitoulin Brewing Co.**, who donated beer and other merchandise for the raffle;
- **Home Hardware Lindsay**, who donated a cooler for the raffle;
- **Canadian Linen**, who donated tablecloths and napkins for the evening.

We're looking forward to holding the event again next year!