



# The Source

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**If you or someone you know is in need of food bank support, visit the “Find A Food Bank” page on our website, or phone 705-324-0707**

This year, tackle poverty locally.  
This year, take action, take responsibility, and

TAKE A BITE  
OUT OF HUNGER.



## ***Mark Your Calendars for Take a Bite Out of Hunger 2023!***

Kawartha Lakes Food Source is teaming up with Hobart's Restaurant for the second time to host a gala dinner called "Take a Bite Out of Hunger." The event will take place on April 18, 2023, at Hobart's, and will feature an entirely new curated menu for the event! Exciting new cocktails and local beer will also be available for the evening.

Take a Bite Out of Hunger was organized once before in 2019 to raise money for KLFS and our effort to end hunger in the community. We are so grateful to Hobart's for donating their space and services again this year so KLFS can fundraise and involve the community in our mission in an exciting way. More details about the event and where to buy your tickets will be released on our website in the coming weeks!



# TAKE A BITE OUT OF HUNGER

APRIL 18, 2023



## **KLFS is Preparing for Our Spring Food Drive!**

**Exciting news!** We are returning to an **in-person food drive** for the first time since the pandemic! You'll see KLFS volunteers and staff in grocery stores collecting food donations between **March 23-25 and March 30-April 1!**

**Stay tuned!** More details on our website and social media platforms.

## Look who's helping feed our neighbours!



**Cash Donors:** Home by Tim and Chris, Shayne and Alyssa Rosom, Anna Auger, Yvonne Kehoe, Mary Eleanor Henley, John and Elaine Murray, Valerie McQuat, Hector and Aileen Naylor, Lucy Moulton, Galloro Construction, George Piggott, Joan Johnson, Lorna E Green, Leo Brockman, Ken Raymond, Sharon Pollard, Carol Buckley, Mark Joncas, John and Julia Ruiter, Sharon Dawson, Brenda Bailey, Girish Patel, St. Vincent de Paul Society, Jack Veitch, Adam Rafton, Debbie Green, Eratus Burley, Shawn Bolender, Mit Patel, Laurie Cameron, Brian Rump, Marc Lemieux, John Fox, Greg Evans, Jay Allen, Adam McCabe, St. Paul's Church, and Cambray Community United Church.

**Monthly Donors:** Larry and Michelle Wilson, Yvette Peel, Lisa Fedele, Michael Cummings, Allison Hannah, Earl Spence, Anne Rodd, Ellen Ritchie, Joan Shippel, Gord Travis, Douglas Horton, Patricia Jarvie, Yvonne Kehoe, Kelsey Gibson, Eileen Kellestine, Doug Watson, Barbara Corp, Laurie Cameron, Bert and Sheila Stillwell, Barbara Taylor, Mary Auld, Brian and Pat Henderson, Jennifer Gilmer, Barbara Truax, Carol Nicholson, Katherine Le Gresley, Michael and Catherine Puffer, Francis and Jacey Culham, Catherine Philp, Rob and Rose Barg, William and Margaret Preston, Roberta Allen, Trevor and Shannon Kuypers, Catherine Morrison, Joann Nairn, Patti Jones, Marion LeBlanc, Anne and George Davies, Patricia Herlihey, Kenneth and Arlene Oakes, John and Elizabeth Gundy, Gwen Mossini, Henry Dening, Suzanne Clark, Muriel Ellis, Arnold Porter, Grace King, John Hunter, Pat Casey, Virginia Reeds, and Sheila Smith.

**Online Donors:** Ontario's English Catholic Teachers Association, Samuel Benchimol, Robert Naylor, Frank Bassingthwaite, Julie Walmsley, Michele Keetch, Kelly Hiscock, Paul Cardoza, Michael Bak, Pam Currie, Joel Shapiro, Michael Micheff, Margaret Harper, Julie Brown, Paul Weinwurm, Rachel Pelc, Kelly Briere, Martha Pendlebury, Katherine Van Kooten, Sandra Falconer, Annick Welbanks, Steve Strathdee, Alyson Read, Doug Blanchard, Brendan Wieleba, Tina Scherz, Cheryl Pearson, and Glen Grossmith.

## That's a Wrap on Love Month!



This year, Kawartha Lakes Food Source piloted the new initiative "Love Month" throughout February: One of the months we feed the most people yet receive the fewest donations. Love Month was comprised of a variety of exciting events intended to **bring awareness to food insecurity** and provide more opportunities for the community to contribute to KLFS and other local businesses and organizations!

**The following events took place throughout Love Month:**

### Kindness Bingo: February 1-25, 2023



Kindness Bingo cards contained a variety of tasks including some **free activities, donating to local charities, shopping at local businesses, and participating in the rest of the Love Month events.** Kindness Bingo was open to the public and participants had until February 25 to complete the activities in each square until they had completed a straight or diagonal line. Those who finished a line on their bingo card and came to our Love Month Food Drive with a food donation were entered to win two tickets to Take a Bite Out of Hunger! Thank you to **Unwrapped, Kawartha Conservation, Kawartha Lakes Public Library, Hill's Florist, The Kent Florist, BGC Kawarthas, North Ward Coffee Co, Fresh Fuell, Burns Bulk Food, and Kawartha Art Gallery** for supporting Kindness Bingo!



### Love Bright at Ken Reid Conservation Area: February 1-28, 2023



Love Bright was a forest trail at Ken Reid Conservation Area, lit with twinkling lights and picture-perfect Love Month decorations. The public could visit the trail between 5pm-9pm every day until February 28. **Kawartha Conservation generously donated \$1.00 of every \$4.00 parking ticket to KLFS – thank you Kawartha Conservation!**



## Yoga at Unwrapped: February 8, 2023



Unwrapped hosted a 'by donation' Vinyasa Flow yoga class on our behalf! Participants could bring a food or monetary donation and even purchase KLFS merchandise at the store.



## Valentine's Day Paint Night: February 14, 2023

KLFS employee and local artist Laura Butler hosted a Paint Night on Valentine's Day to raise money for KLFS! Participants were led in a 'Still-Life' painting lesson while enjoying provided snacks and drinks!



## Love Month Food Drive: February 25, 2023



The final event of Love Month was a food drive! Kindness Bingo participants that completed a line on their bingo cards and brought a food donation were entered to win two tickets to Take a Bite Out of Hunger: a gala dinner at Hobart's coming

up in April! Thanks to our amazing community, **we collected 630lbs of food and \$2050 monetary donations at the food drive!**

## Look who's helping feed our neighbours!



**Monthly Online Donors:** Deborah Mohr, Micheal T and Mary Scott, Deborah Smith, Tim Jenkins, Beth Tait, Sandra Boksman, Brian Rump, Barbra Glass, Lisa Van Halteren, Barbra Evans, Cathie Ritchie, Daniel Grima, Kenneth Koski, Mary Ellen Wood, Gwen Allore, Peter Maitland, Christine Schaafsma, Andrew Leach, Jeremy Kraemer, Shannon Roszell, Sandra and Bob Laurence, Nanci Byer, Pamela Lawson, Paul Jantzi, Veerle De Lombaerde, Janet Armstrong, Donna S Thompson, Jennifer Connor, Denise Williams, Sallie Byer, Virginia Hewton, Grace Pineau, and 2 Anonymous.

**Food Donors:** Kawartha Dairy, St. Vincent de Paul Society, St. Dominic's Catholic School, Home Hardware Lindsay, Feed the Kids, Scotia Bank, Cambridge United Church, Rose Barg, Feed Ontario, Bob Mark New Holland, St. Luke's Community Centre, St. Luke's Presbyterian Church, Carrots for Lunar Rhythm Gardens, Christian Reform School, Farmer's Butcher Shop, Brian and Denise Sabourin, and 32 Anonymous.

**Community Events:** St. Thomas Aquinas Catholic School, SGS Lakefield, Guy Mills Court, RX IDA Lindsay, Chris and Jennifer Mabee, Doug and Barbara Elliot, Water Depot Lindsay, Tim Hortons Lindsay, Lisa Fedele, Grade 5 and 6 students at St John Paul, Unwrapped, Burns Bulk Food, BGC Kawarthas, Hill's Florist, The Kent Florist, Kawartha Lakes Public Library, Kawartha Art Gallery, North Ward Coffee Co, Fresh Fuell, Kawartha Conservation, Rhys Warren, and Door Donations.

**In Memory:** Anne Rodd, Ben and Maureen Walden, Clarence and Elsie Kennedy, Fred Tanner, Leslie Fargo, Michael and Catherine Puffer, Henry Dening in memory of Albert, Arnold Porter in memory of Sylvia Porter Molson, Rachel Pelc in memory of James O'Reilly, Arnold Porter in memory of Sylvia Porter Molson, Tina Scherz in memory of Larry York, and Cheryl Pearson in memory of Larry York.

**In Honour:** Emily Blaettler in honour of the Love Bright trail, Michael Bak in honour of St. Valentine's Day, Pam Currie in honour of Alpha XI Master of Beta Sigma Phi, Julie Brown in honour of Julie and the Kots, Glen Grossmith in honour of Nancy Grossmith, and Michele Keetch in honour of Michele and Phil Blair.





## Thank You to the Otto and Marie Pick Charitable Foundation!

Kawartha Lakes Food Source extends our sincerest gratitude to Tom and June Pick and their family for supporting our **Family Cooking Project!** The program provides all the necessary ingredients, cooking supplies, and instructions for 3 recipes per week to participating families in an 8-week session. The Family Cooking Project is intended to help eliminate barriers to healthy ingredients and cooking abilities that may be preventing families from eating healthy food. **The Otto and Marie Pick Charitable Foundation makes a significant impact here, at KLFS, and within our community!**



## Easter Dinner Initiative: Round Two!

We are once again organizing our Easter Dinner initiative at the **beginning of April!** The Easter Dinner hampers provide clients with fresh ham, vegetables, buns, and all the necessary fixings for a festive meal!

Last year, a total of **165 hampers** were distributed to individuals and families in Woodville, Dunsford, Omemee and Lindsay. **Last year's hampers fed a total of 400 people, including over 150 children.** The Easter Dinner initiative is generously supported by Marco Polo.

## KLFS MEMBER AGENCIES:

Coboconk Community Food Bank  
Dunsford Community Food Bank  
Fenelon Falls Salvation Army  
Kinmount & Area Food Bank  
Lindsay Community Food Market  
Omemee Food Bank  
Women's Resources  
Woodville Eldon Food Bank

21 Member Schools Participating in Fruit & Milk Program



**THANK YOU**  
for your generosity!

**DONATE NOW!**

Visit [kawarthalakesfoodsource.com](http://kawarthalakesfoodsource.com)  
to donate online.