



The Source

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If you or someone you know is in need of food bank support, visit the “Find A Food Bank” page on our website, or phone 705-324-0707

Look who’s helping feed our neighbours!



Cash Donors: Denise Hamilton, Douglas Raymond, Kevin Aalto, Leo Brockman, Carey Marquis, Perri Nummi, Borderline Crazy Quilters, Ross and Faye Cheesman, Michael Fraser, Thomas Runk, Joy Parliament, Sandra Mitchell, James and Nancy Lee, Scott and Michelle Elder, Josie Arthurs, Jim Stevens, Faye Stevens, Marie Fitch, Action Car and Truck Accessories, Norwell Dairy, Marion Walden, Doug and Barbara Elliot, Floortrends, Lucy Moulton, The Vape Store Inc., Deborah Devitt, Leroy Brown, Randy Bezanson, Glen and Deborah Moyer, Sharon Dawson, Wayne Moss, Omemee Veterinary Hospital, Dilshad and Oanali Zavery, James and Donna Scott, United Food and Commercial Workers, Nexicom Telecommunications Inc., Scott Benson, Greg Spellen, Daniel and Tamara O’Hare, Peter Ursel, Ken and Joyce Harrison, Jane and Paul McCabe, Grant and Carol Peters, Brian and Ellen Desbiens, Bonnie Kennedy, Alfred Ades, Aquaticover Inc., John and Liselotte Drury, Marlene Hamilton, Jack and Jean Kyle, Ian and Patricia Pepper, Drew and Ann Gunsolus, Double “M” R.V. Resort and Campground, Doug Robertson, Max and Patricia Radiff, Gerard and Andree Curtin, Christine Macaulay, Craig and Leslie Dymont, Yvonne Pearson, Philip and Janis Niblett, Sherry Nielsen, Fraser Dow, William Brown, Jane Porter, Brenda McLean, David Holloway, Ross Chambers, Clare and Sheila Robins, Reginald Garbutt, Thomas and Linda Bartlett, Joseph and Joyce McGuire, 2812569 Ontario Inc., Ivan and Tarja Reynolds, L. Edwards, Rob and Elena Drury, Philip and Barbara Arrowsmith, Gail Payne, Rosepark Landscaping Ltd., Anna Auger, Shirley Thornbury, Jacques Synnott Trust, Terrance and Debra Oliver, Brenda Tamlin, Jane MacIntosh, Southern Supplies Limited, Keith and Pat Jack, Natale Stoppa, E. Hart Armstrong, Squires Concrete Forming Inc., Enterprise Holdings, John and Sheila Bebbington, Jo Alberti, Mary Haydock, Hector and Aileen Naylor, Edward and Mary Hill, Ronald and Heather Armstrong, Allan and Marion Imrie, Lisa Kemp, Trina Connell, Mark Maitman, Vicki Mudrick, Julie Johnson, Clark Jewell, Jean Regan, Grant Dunford, Dan Kearns, Charles LeBlanc, James LeBlanc, Carol Ward, Chris and Jennifer Mabee, Jamie Morris, Suzanne Christie, Bruce and Carol Glass, Janice Holtby, Wanda Percival, Allin Kingdom, John Gennaro, David and Pauline Brien, George Piggott, Matthew Shanahan, Jessica Robinson, Paul and Joyce Dunning, Margaret Burton, Beverly Prestage, Mike Christian, Karen Fudge, Greg and Dana O’Dell, Barb Van Der Veen, Pat and Mary Keenan, Ken and Irene Perrier, Linda Fitzgerald, Ken Raymond, Garry and Faye McCabe, Sharon Pollard, The Kent Florist, Amanda Walker, Bonnie Steele, Kelly Whyte, Avery King, Emerald King-McLeod, Rob King, Rhys Warren, Deb McDonnell, Doreen Wetheral, Andreas and Jutta Kueng, Rachel Thorn, Will and Tara MacArthur, Maggie VanCamp, Deirdre Phillips, Patricia May, Andris Smits, Reg Armstrong, Ted and Cathy Clarke, Debbie Hansen, Douglas Hatcher, David and Marj McClelland, Jane Shulist-Green, Joe and Maureen McColl, Rohan Wijesinghe, Earl and Lynda McCall, Derek Warren, Robert May, Bernita Blair, Grant and Eleanor Johnston, Dianne Hall, Harvey and Janet Risebrough, Mike

This year, tackle poverty locally.
This year, take action, take responsibility, and

TAKE A BITE
OUT OF HUNGER.



Announcing KLFS’ 2023 Theme... Take a Bite Out of Hunger!

Food insecurity is a symptom of poverty: an issue that can seem irreparable, but that exists in our community, nevertheless. After 20 years of supporting those that feed our hungry, Kawartha Lakes Food Source is needed now more than ever to help individuals find their next meal, but we cannot do it alone.

This year, host a food drive or a fundraiser, participate in our events, and explore other ways you can donate to Kawartha Lakes Food Source so we can continue our fight against hunger. This year, learn more about issues facing food banks and their users so you can advocate for long-term, systematic changes, by reaching out to your local elected officials to voice your concerns and recommendations. This year, we urge you to take action, take responsibility, and tackle poverty locally, by taking a bite out of hunger.

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and Beryl Connell, Robert and Sandra Brillinger, Mary Enright, Susanne Dowdell, Alexander and Carol Fulton, John and Eleanor McCrae, Deeno and Charlene Pearsell, Ron and Sylvianne Young, Alan Gray, Shirley Toombs, Robert and Charlene Ashmore, Muriel Burnett, Mary Anne Banwell, Rosina Colalillo, Marina Currie, Carol Schofield, Loreen Harris, Karen Coe, Laurie McLean, Pat and Yvonne McDonald, Susan Bianconi, Pat Casey, Garth and Marian Mackay, Lois Marks, Verna Curtin, Milton Battersby, Marg Wansbrough, Robert and Georgina Coleman, Nicole Konieczka, John and Joan Ross, Gail Burgess, Michael Green, Gordon and Nicole Sloan, Luise Zimmermann, Sandy Flynn, Simon Snellen, James Deitch, Sandra and Keith Anderson, Dale and Bonnie Drake, Carol Williamson, Murray and Eleanor Walden, Lawrence and Nancy Heatlie, Lawrence Crocker, Cynthia Ray, Ted and Tracey Twohey, Girish Patel, Eileen MacMillan, Margaret Ross, Kim Fintelman, Janet Murtha, Katherine Reddick, Beverly Baxter, Lorraine Perdue, Allan and Betty Goad, Susan Brooks, George Thomson, Ronald Tranmer, John and Julia Ruiter, Sandra Canning, Mark Joncas, John and Maryon Allen, Carol Garland, Hank and Mary VanGerven, Barbara Brown, Susan Kennedy, Ron and Sandi Warrilow, Marie Purdy, Ruby Catling, Robert and Maxine Ball, Steve and Cathy Drinkwalter, Lynda Palmer, Michael Locke, Judith and Glen Wright, Roger and Kathleen LeBlanc, Marilyn Searle, Larry and Deanna Allen, Rose Sloan, Vivien Ross, Melody Mckay, Daniel and Sandra O'Neill, Patricia Lazenka, June Gall, Ann Budway, Catherine Morrison, Heidi Kaphengst, Lorraine Bayes, Cheryl Saunders, John and Elaine Crosgrey, Mark Boileau, Marion LeBlanc, Catherine Morrissey, John Hunter, David and Shauna Martin, Jill Wray, Glenna Murray, Fran Dominic, Painting by Sue Hunter, Linda Western, Barbara Marquardt, Jean Collier, Ray and Barbara Bain, Sherry Giltenan, Arlene Chick, Otto and Marie Pick Charitable Foundation, Show Kids You Care, The Georgina Foundation, Ontario Realtors Care Foundation, 1st Woodland Trefoil Guild, Keystone Youth Council, Unifor Local 222 Retired Workers Chapter, St. Paul's Church, Maybelle Rebekah Lodge, Trent/Severn Heritage Chapter, Lindsay and District Labour Council, Lindsay Tai Chi Club, Retired Teachers of Ontario, Unifor Local 222 Union Hall, Victoria Haliburton Law Association, Kawartha Lakes Professional Firefighters, Congregation of the Sisters of St. Joseph, Lindsay C.R.C. Deacons, Lindsay Christian Reformed Church, Pampered Chef, Scottish Rite Club of Victoria District, Beta Sigma Phi, Kawartha Charity Riders, Kawartha Art Gallery, Kawartha Lakes Real Estate Association, Fenelon Falls Secondary School, Cambridge St. United Church, Preceptor Beta Upsilon, Community Care City of Kawartha Lakes, and Trillium Lakelands District School Board.

Monthly Donors: MSuzanne Clark, John and Elizabeth Gundy, Henry Dening, Muriel Ellis, John Hunter, Pat Casey, Gwen Mossini, Yvette Peel, Anne Rodd, Ellen Ritchie, Joan Shippel, Gord Travis, Earl Spence, Allison Hannah, Douglas Horton, Patricia Jarvie, Lisa Fedele, Yvonne Kehoe, Kelsey Gibson, Eileen Kellestine, Doug Watson, Barbara Corp, Laurie Cameron, Bert and Sheila Stillwell, Barbara Taylor, Mary Auld, Trevor and Shannon Kuypers, Brian and Pat Henderson, Jennifer Gilmer, Barbara Truax, Carol Nicholson, Katherine Le Gresley, Michael Cummings, Larry and Michelle Wilson, Michael and Catherine Puffer, Francis and Jacey Culham,

HAPPY NEW YEAR, CITY OF KAWARTHA LAKES!

KLFS is so grateful for all the support we received in 2022. All of your food and monetary donations allow us to keep supplying our member food banks, schools, and social service agencies with food. We can't wait to share more of our gratitude and upcoming news in the new year!

The public is welcome to attend our Annual General Meeting on Monday, March 27, from 4pm-5:30pm. Stay tuned for more details and call us if you would like to come!



THANK YOU for your generosity!

DONATE NOW!

Visit kawarthalakesfoodsource.com to donate online.



A Huge Thank You to Enterprise Holdings!

Kawartha Lakes Food Source received a **donation of \$3000.00 from the Enterprise Holdings 'Fill Your Tank Program'**. Thank you so much Enterprise, for helping us feed those that are hungry in our community.

LOVE MONTH KAWARTHA LAKES FOOD SOURCE

FEBRUARY 1st - 25th, 2023: Spread kindness, support local, and help feed our community.

Get Ready for Love Month!

This February, participate in Love Month with Kawartha Lakes Food Source **by spreading kindness, supporting local, and helping us feed our community!**

Various exciting public events and initiatives will take place throughout the entire month of February, created and organized by KLFS, ultimately culminating in a **Love Month Food Drive on Saturday, February 25th**. Make sure to follow us on social media and check out our website as we announce more details in late January.

KLFS MEMBER AGENCIES:

- Coboconk Community Food Bank
- Dunsford Community Food Bank
- Fenelon Falls Salvation Army
- Kinmount & Area Food Bank
- Lindsay Community Food Market
- Omeme Food Bank
- Women's Resources
- Woodville Eldon Food Bank



21 Member Schools Participating in Fruit & Milk Program

Look who's helping feed our neighbours!



Monthly Donors (cont'd): Catherine Philp, Rob and Rose Barg, William and Margaret Preston, Roberta Allen, Alexandra Fulton, Catherine Morrison, Joann Nairn, Patti Jones, Marion LeBlanc, Anne and George Davies, Patricia Herlihey, Virginia Reeds, Sheila Smith, and St. Vincent de Paul Society.

Online Donors: Brian Haire, Matt Walker, Larry Hope, Waste Logix, John Hagarty, Jamie Schmale, Jacqueline Houghton, Bill Sandblom, Dorr Capital Corporation, Peter Froehlich, Keval Patel, Erick Thurston, Pam Currie, Joanne Roberts, Roni Veronica Abrahamsohn, Susan Fournier, Jeff Disher, Judy Wallace, Robert Haney, James Mcgee, Douglas Hawe, Scott Robinson, Jill Richmond, Daniel Woods, Daniel Greer, Elaine Large, Andrew Milner, Shannon Hein, Cathy Barrowclough, Eileen and Doug MacCormack, Jane Carney, Rylea Briere, Shannon Polito, Bill Wray, Amy Mullen, Carol Barrett, Julie Poore, Judith C. Roach, Julie McColl, Craig Jermyn, Brittany Druery, Matthew Savino (SHRP), Heather Brown, Anne Dranitsaris, John Bell, James Lalor, Bill Huitson, Zachary Findlay, Carol Mitchell, Patricia Sinclair, Judy Currins, Samantha Thompson, Donna Chambers, lone Hartford, Margaret Carroll, Paul Weinwurm, Gion Marles, Mary Kay McGuinness, Terry Carter, Sandra Connolly, Ann Willemse, P. Heidi Schumacher, Linda Rutherford, Chris Persaud, Barbara Carter, Mona Malcolm Sharman, Tamara E. A. Brown, Kathy Simpson, Alexis Phillips, Camille Harlock, Badria Mohd Amin, Matthew Teatro, Michael Snider, Paul and Diane Reeds, Dayna Hyman, Kathy and Peter Anderson, Jim and Cheryl Scobbie, Michelle Kirley, Jennifer Cantin, Christina Stoppa, Chadwick Gregory, Cynthia Ceney, William Rea, Gregory Kruk, Warren Edward Lowe, Kelly Briere, Judith Kennedy, Annette Payne, Alyson Read, Adam Martens, Doug Watson, Jan Mundy, Mary Jane Williams, Cat McArthur, Cate Cooper, Santosh Patel, William Kerrivan, Deb Mahoney, Patricia Waite, David Sanderson, John Van Til, Christine Ireland, James Melchin, Tom Molica Lazzaro, Molly Westland, Mary Callaghan, Angela Brouwers, Stephanie Leith, Karen and Jim Chamberlain, Hailey Watson, Randy King, Tom Mohr, Erik Ellis, Bruce and Kathy Prentice, John and Anne McEwen, Noorie Choi, Linda Reynolds, Tara Boucher, Aujin Choi, Greg Howell, James Doan, Jon Perrin, Lilian Wagner, Paul Ellis, E. Jane Avery, Sharon Phelps, Sig Scott, Dennis Callaghan, Owen and Kerrie Lund, Andris Smits, Sharon Drew, Roger Cook, Robin Russell, Steve Strathdee, Shirley Wilcox, Kevin Keates, Tony Reitzel, Brenda MacKenzie, Charles Wilson, Penelope Kuhne, Mary-Katherine Stainton, Lynda Brownson, Linda Tripp, Frank Bassingthwaite, Wendy Steeves, Margaret Harper, Richard Neal, Alfred Koehler, Bonnie Hancock, Melinda Ferguson, Mary and Merlin Leney, Katherine Van Kooten, Gordon MacMillan, Bill Steffler, Karen Rosenthal, David Robertson, Daniel Riley, Carolyn Boyd, Dorothy Cullen, Peter Petrosoniak, Judy Erkkila, Leon Des Rochers, Michael Bak, Bruce Walker, Linda Wilson, James D. Piggott, Robin Bowman, Wesley Lane, Lynda Maxwell, Martha Pendlebury, Bronwen Langley, Robyn James, John Pickering, Peter Brown, Christine Karpazis, Shaun Brown, Samantha Sims, John Hollows, and Richmond Stewart.

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Monthly Online Donors: Andrew Leach, Sandra and Bob Laurence, Christine Schaafsma, Gwen Allore, Peter Maitland, Pamela Lawson, Shannon Roszell, Deborah Mohr, Jeremy Kraemer, Nanci Byer, Mary Ellen Wood, Paul Jantzi, Veerle De Lombaerde, Donna S. Thompson, Jennifer Connor, Denise Williams, Sallie Byer, Virginia Hewton, Barb Donnan, Virginia Hewton, Janet Armstrong and John Sanders, Deborah Mohr, Michael T. and Mary Scott, Bruce Couling, Deborah Smith, Tim Jenkins, Beth Tait, Sandra Boksman, Brian Rump, Barbara Glass, Lisa Van Halteren, Barbara Evans, Cathie Ritchie, Daniel Grima, and Kenneth Koski.

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Fresh Produce Donors: John Stinson, Shirley Sundberg, Cordila Winkelaar, Adrian Brouwer, Tessa Lewis, Gail Payne, Bill Wilms, Bob and Rhonda Ansell, Lisa Youells, St. Vincent De Paul.

Community Events: Adelaide Place, Kawartha Conservation, Lindsay Agriculture Society, Loblaw's Lindsay, Riley and Bryce (lastname check sheet), Central Senior Public School, Baker Tilly KDN, Gerdau Metals Recycling, Lindsay Dodge Jeep, Lindsay Chrysler GMC, TS Manufacturing, Carma Corp., Thrive Coworking Community, Home Hardware/Home Building Centre, PRI Engineering, Holsag, Angela Lapointe, Boston Pizza, IG Wealth Management, Lindsay Seniors Association, Ross Memorial Hospital - Imaging Dept., Lindsay Lawn Bowling Club, Kawartha Lakes Family Health Team, Water Depot, City of Kawartha Lakes Tax Dept., Ministry of Agriculture, Food, and Rural Affairs, Norwell Dairy, Canadian Family Photography, The Hunter Family, Central Ontario Wolves, Real Steel Roofing, Victoria British Car Club, Barron Blvd. Neighbourhood Association, Wards Lawyers, City of Kawartha Lakes Transit, Lindsay Muskies, Lindsay Figure Skating Gala, City of Kawartha Lakes Human Services, Kawartha Lakes Shoebox Project, Giant Tiger Lindsay, Victoria Manor, William Place Retirement Home, Leanna Gouin Scentsy Event, LAS Home and Craft Show, Russell West Optometry, McLaughlin Dental Clinic, Cards By Oak, Santus Church, Kawartha Lakes Police Service, Hollowbrook Highlands, 53 Adelaide St. N., Black Diamond Golf Course Ladies League, Parkview Elementary School, 2 Heritage Way, Fenelon Falls Secondary School, and Heron's Landing.

In Memory: Manley family in memory of Hugh Manley, Samantha Thompson in memory of Paul Thompson, Donna Chambers in memory of Joan Reid, lone Hartford in memory of Michael Hartford, Andrew Milner in memory of Peter Milner, and Judy Wallace in memory of Ron, Micheal and Catherine Puffer in memory of Rory Norman, Anonymous, in memory of their son Keith Livingston.

In Honour: Jane Carney in honour of Grade 5 FI and JK FI teachers at St. Dominic's, Erick Thurston in honour of Glen

Grossmith, Roni Veronica Abrahamsohn in honour of Janet and John Sanders, Rylea Briere in honour of Celia Briere, Shannon Polito in honour of Cathy and Bill Morrison, Bill Wray in honour of his father, Amy Mullen in honour of Mike and Al, Carol Barrett in honour of Lesley and Bruce, Julie Poore in honour of nephew Devon and his family, Judith C. Roach in honour of Sue Ann and Glen Squire, Julie McColl in honour of Ana Mena, Jacqueline Houghton in honour of Jessica, Matthew Savino and SHRP Limited in honour of client Wards Lawyers, Heather Brown in honour of Adam Found, Anne Dranitsaris in honour of Caliber Leadership Systems, John Bell in honour of Rob, Erin, Marie and Alex, James Lalor in honour of those less fortunate, Susan Fournier in honour of Jake and Nicole Sandison, Bill Huitson in honour of Marg Huitson, Daniel Greer in honour of Wayne Greer and Lori Rettie, Robert Haney in honour of Brent and Chelsea Haney, Zachary Findlay in honour of Cathy and Dave Findlay, Patricia Sinclair in honour of all EMS and Health Care Workers, Judy Currins in honour of Patricia and Robert Sinclair's 40th Wedding Anniversary, Bill Sandblom in honour of Margaret Thurston, Shannon Hein in honour of Amy Hein, Brenda MacKenzie in honour of Hydro One Fenelon Falls Lines and Bill Fontaine Construction, Robin Russell in honour of Health and Safety Team and Home and Community Care Support Services, and Paul Ellis in honour of Wendy Ellis and family.

Jolly Jog Donors: Marion Bays, Marci Anderson, Isabelle Dickinson, Penny De Marchi, Lori Gregory, Lisa Anderson, Lori Anderson, Gael Morrison, Alyssa Handley, Pamela Koolhaas, Dan Plancke, Rachael Touchbourne, Angela Eastman, Anne Overhoff, Andrea Berry, Jenn Maunder, Rob Brown, Carol Cunday, H.M. Gray, Judy Albin, Diane Graham, Ann Harris, G. King, D. Burton, Margaret Scott, Betty Hayman, Tammy Paterson, Cotey Paterson, Brent Lawrence, Carbon Heights Fitness Academy, Helen Kowarski, Clark Irwin, Brenda Curtis, Helen Irwin, Jo Ann Colavtonio, Patricia Peace, Sharon Pollard, Brad Irwin, Louise Heise, Cindy Knebel, Nicole Pearson, Lorri Richardson, Johnathan Cote, Riley Ballam, Zac Stoll, Tammy Mitchell, Ann Marie Lucas, Amy Terrill, Barbara Piolunowska, Janalyn Dowdle, Steph McDonald, Heather Allison, Tyler Spencer, and Clare and Sheila Robins.

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