

Annual Report

How **you** help fight hunger in Kawartha Lakes

Hearthwarming and gratitude. These two words were felt each day after the province declared a State of Emergency due to the COVID-19 Global Pandemic. There was much uncertainty and a level of apprehension due to COVID-19 around what we should anticipate to receive in both food and financial gifts as well as the demand for the services of those we support. The community responded quickly and generously to support us to ensure that we had what we needed to provide those who feed our hungry. While it was, and continues to be very stressful because what we do is an essential service, staff continue to be reminded of the kindness of others.

Food security came back to the forefront of minds because of the pandemic, FeedON and Food Banks Canada (our provincial and federal governing bodies) stepped up to advocate on behalf of the food banking networks to ensure that we could support the needs of our community. KLFS benefited from financial support from Food Banks Canada, the Government of Canada, and the Province of Ontario. KLFS was able to send \$74,000 of this support directly to our member food banks to address their immediate needs between May and October.

In the midst of the pandemic, KLFS successfully wrapped up our leadership role with FoodRescue.ca and learned that two new grant applications submitted prior to COVID-19 were successful! We are very excited to share that we are working quietly on the development of a social enterprise with funding support received from the Canada Community Foundations and will be starting a Food Literacy project in January 2021 funded by the Ontario Trillium Foundation.

While the pandemic is dictating much of how we operate, please be confident that all KLFS programs and outreach follows mandated protocols.

Because of you, KLFS will continue to serve the community, ensuring that everyone can exercise their right to have access to safe and healthy food for an active lifestyle.

On behalf of those who have been touched by your care in 2020, thank you.



Heather Kirby,
 Executive Director

"I lost my job at the beginning of COVID and struggled to feed my family. I had to steal from the grocery store and I'm not proud of that but I had to feed my family.

The food bank has saved us"

-Client

We are pleased to say thank you for essential workers especially food bank workers and workers who serve in supplying people's needs."

-Client



Your gifts in action

Each month **you** help us:

✓ Supply food to
26 member agencies

✓  
10 food banks

16 schools



✓ Feed **7,200 individual people**

Our member food banks:

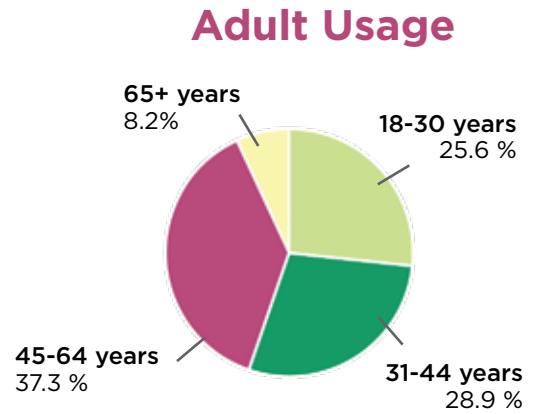
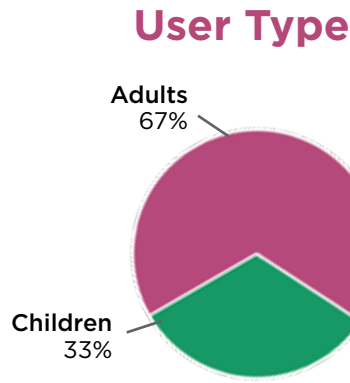
- Coboconk and Area Food Bank
- Little Britain/Mariposa Food Bank
 - Omemee Food Bank
- Kawartha Lakes Centre of Hope
 - Woodville/Eldon Food Bank
 - Women's Resources
- Fenelon Falls Salvation Army
- Dunsford Community Food Bank
- Kinmount and Area Food Bank
- Lindsay Community Food Market

Did you know?

Kawartha Lakes Food Source receives no regular funding from the government. We rely on community support to feed neighbours in need.

2020 Fast Facts

Who **you** help feed:



You help fuel young minds

33% of people who rely on Kawartha Lakes Food Source are vulnerable children.

Your support of our **Grab 'N Grow Breakfast Program** in 2020 made an incredible difference. In many instances, the School Student Nutrition programs we support may be the only place students receive milk or fresh nutrition-packed fruit on a regular basis.



Each week **you** help us purchase **fresh fruit** including apples, bananas and oranges for schools.

"The weekly milk and fruit donations from Kawartha Lakes Food Source have always been a welcome bonus to our breakfast club program. This year with so many families out of work and such uncertain economic times, the donations have been very much appreciated for our student body. For many of our students their daily fruit and milk from the breakfast club table has helped them get through their morning classes."

-Secondary School Teacher



During school **you** help us purchase almost **1,200 250ml cartons of milk**.



Each week, **you** help provide nutritious food to students at **16 local K-12 schools!**

You make food banks possible

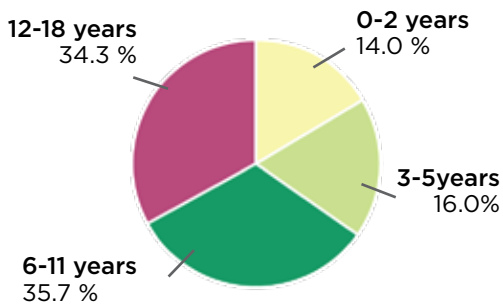


Each week, your support helps purchase **90 dozen fresh eggs** and we provide them to our member agencies who, in turn, assist a monthly average of **1,000 individuals**.

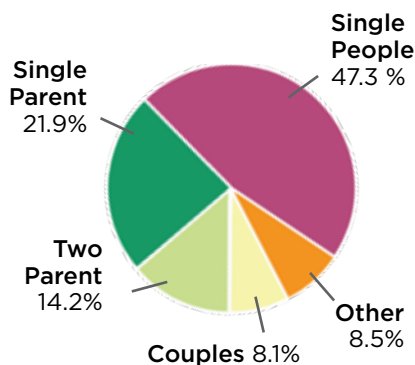


Each week **you** help us purchase **80 bags** of milk for our food banks.

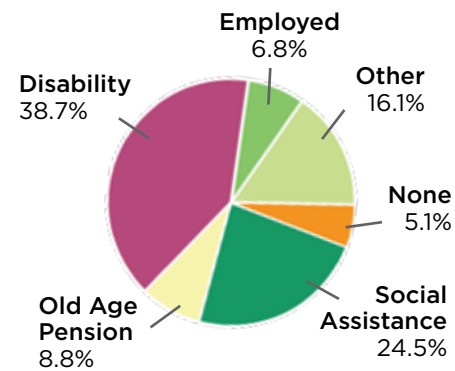
Child Usage



Household Type



Household Income



You help grow more fresh food

The purpose of our Open Gardens is to provide food to those who sometimes just need a little bit extra. Our **60 raised garden beds** grow nutritious, ready to eat produce that are familiar to both children and adults. We know the potential that these gardens can yield and we are pleased that the community is benefiting from our efforts. What is not harvested by the community is brought to KLFS to distribute to our member food banks. This year, a total of **2,127 lbs were harvested and distributed to the food banks!** Thank you to our amazing garden volunteers!



Another **12,220 lbs** of food was contributed by farmers & back yard growers. An increase of 15% from last season! **Thank you gardeners!**

Where our food comes from:

- Non-perishable**
- Grocery Store Reclamation • **257,053 lbs**
 - Individuals • **24,677 lbs**
 - 3rd Party Events • **18,691 lbs**
 - Churches • **1,119 lbs**

- Food Drives**
- Thanksgiving Drive • **5,151 lbs**
 - Drive Thru Food Drives • **3,339 lbs**
 - Christmas Drive • **2,418 lbs**
 - Reverse Advent (Nov) • **2,013 lbs**

Volunteers are the backbone of KLFS

Thank **you** for your generous gift of time!

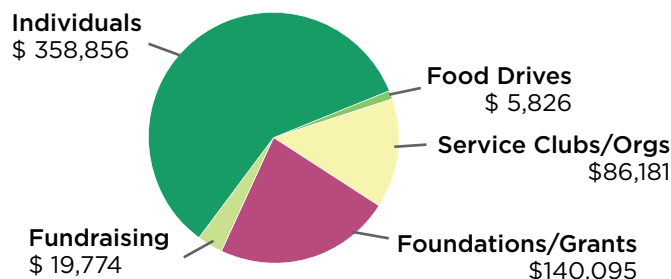


104 volunteers

3,744 volunteer hours



Sources of Revenue



Thank **you** for fighting hunger in Kawartha Lakes!

We are grateful to all the individuals, businesses, social clubs and foundations for supporting our mission in 2020. While space limitations mean we can only recognize by name those gifts over \$150, please know that all gifts make a difference and every single contribution is appreciated!

Diamond \$10,000+ Otto and Marie Pick Charitable Foundation • Congregation of the Sisters of St. Joseph • Optimist Club of Lindsay • Brem15 Inc • Stinson, John • Fox, John • Moulton, Lucy • Synnett Trust, Jacques

Platinum \$5,000 - \$9,999 Malcom, Todd • Dvine Laboratories • The Foster Hewitt Foundation • Brenner, Doug and Carol • Kawartha Lakes Professional Firefighters

Gold & Silver \$1,000 - \$4,999 Smalley Produce Limited • Show Kids You Care/Trinity Global Support • Prentice, Lane • Bartlett, Thomas and Linda • Manley, Earl • Spearing, Ted • Southern Supplies Limited • Barrowclough, Cathy • Lindsay-Peterborough Movers. • Staples & Swain • Kinsmen Club of Lindsay • KLH Federation of Agriculture • Greygates Foundation • Kawartha Credit Union • The Rotary Club of Fenelon Falls Inc. • Aqueduct Foundation • Holsag Canada • United Food & Commercial Workers Local 17 • Kawartha Cannabis Online • Gingrich, Ivan • Lindsay Christian Reformed Church • Jones, Reginald • Retired Teachers of Ontario • Jones, Reginald • Thompson, Paul • Terpstra, Chris • Barg, Rob and Rose • Warren, David and Judy • Wilms, Bill • Unifor Local 222 Retired Workers Chapter • Hill, Edward & Mary • Cooper, Dr. T. James • Hobart's • Moss, Wayne • Enterprise Holdings Foundation • Gregory, Kate • Community Foundation of Kawartha Lakes • Unifor Local 222 Canada Active • St. Paul's Church • OPSEU LOCAL 371 • Thompson, Donna S • Zobelein, Eric • McLean Foundation • The Bob and Vera Mark Charitable Foundation • Hannam/Conrad, Neil and Sandra • Thompson, Paul • Bryson, Suzanne • Lindsay East District Lions • Peterborough Child & Family Services • Bryson, Suzanne • Gilbert, C Lynne • Kehoe, Yvonne • Matthew, Robert • HKPRD Health Unit • Burns Bulk Food • Anderson, Kathy & Peter • Payne, Peter and Dr. Gail • Ouellet Connection Inc • Vanderwindt Farms • Couling, Bruce • Naylor, Robert • Tait, Beth • Holby, Janice • Shippel, Joan E. • Galloro Construction • Hicks, Elizabeth • Lindsay & District Labour Council • IE Weldon Secondary School • Hicks, Elizabeth • Robinson, Paul • Segura, Leanna • Corp, Barbara • MacIntosh, Ian • Austin, Nancy • Kennedy, Bonnie • Rona Inc • Cogeco Connexion Inc. • Armstrong, E Hart • Kawartha ATV Association • Royal Canadian Legion, Branch 67 • Double "M" R.V. Resort & Campground • Coldwell Banker RMR • Firth, Ron and Kathy • Desbines, Brian & Ellen • MacIntosh, Jane • The Georgina Foundation • Kawartha Lakes Real Estate Association • Lions Club of Lindsay • Couchman, Catherine • OPSEU Local 368 • Chow, Jasmine • Ballantyne, Cliff • De Lombaerde, Veerle • Garland, Tanya • Hay, Myra • Jeffery, Mary • Lawson, Pamela • Leadbeater, Dale • Marles, Gion • Niblett, Philip and Janis • Snider, Mike • Spencer, Tim • Staples, Linda • Tai, William • Wallace, Peter

Bronze \$500 - \$999 Brooks, Susan • Tuchtie, Martin • Lindsay C.R.C. Deacons • Southgate, Robert Lough, Susan • Butterworth, Cole • Investors Group Matching Gift Program • Flynn, Hermine • Costco Peterborough • Peters, Carol • Naylor, Hector and Aileen • Oliver, Terrance and Debra • Brien, David and Pauline • Donnan, Barb • Glass, Barbara • Mabee, Jennifer • Tresise, Daniel • Brubacher, Floyd and Lovina • Tindall Farms • Pearson Insurance Limited • Trillium Lakeland Teachers' Local • Devolin, Kim • Lindsay Volunteer Firefighters Assoc. • Luskin, Peter • The PVNC Catholic District School Board • PVNC Unit OECTA • Snider, Michael • Woodville Farms • John and Betty Brouwer • Truax, Barbara • Moorings Community Association • Allen, Roberta • Stainton, Mr. Stewart • Auger, Anna • Farmers Butcher Shop • Rosenthal, Karen • Brillinger, Robert • Davies, Anne & George • Powell, Mr. & Mrs. Garnet • Floortrends • Home Hardware Building Centre • Russell West Optometry • Evans, Richard & Barbara • Rodd, Ann • Stoppa, Natale • Bain, Ray and Barb • Smith, David and Sheila • Piggott, George • Lucy, Margaret • Bloom, Deborah • Drew, Brent • Karpazis, Christine • Kennedy, Bonnie • Kherraji, Yasmine • MacDonald-Clow, Linda • Neal, Richard • Peel, Yvette • Schaafsma, Christine • Stillwell, Bert & Sheila • Gibson, Kelsey • Century 21 Leading Edge • Edney, David and Ellen • Brown, Barb • Anchor Line Marine • Victoria Beef Farmers • Devitt, Deborah • Connolly, Caryle • Rosepark Landscaping Ltd. • Faithful Brethren Lodge • Bebbington, Sheila & John • Ontario English Catholic Teachers Associa • Soroptimist International of Kawartha Lakes • Water Depot Lindsay • O'Grady, Eddie • Cambridge St. United • Newton, Nancy • Franklin, William • Whyte, Marcia • G. Evans Professional Corp. • Lindsay Tai Chi Club • Holloway, David • Hope 4 the Hill • Imrie, Allan and Marion • Glass, Mr. & Mrs. Bruce & Carol • Tratnik, Erich • Gray, Alexander • Kawartha Missions • Todd, Larry & Linda • Gunsolus, Drew & Ann • Kawartha Collaborative Practice • Conway, Diane • Alderton, Bella • Allen, Roberta • Anderson, Peter • Batty, Michelle • Bodkin, Julie • Bowman, Robin • Brennan, Peter and Renata • Brown, Shaun • DeHaan, Jane and Bill • Dixon, Marilyn • Dudley, Sandra • Durcan, Rebecca • Fagan, Wendy and brian • Fear, John • Gray, Earle • Hickey, Kathleen • Hineman, Rick • Hone, Jill • Johnston, Jennifer • Jones, Adam • Kuypers, Laura and John • Kyle, Jack & Jean • Lovsin, Patricia • McDonald, Samantha • Melchin, James • Oakes, Arlene • Repka, Karl • Ryan, Ed & Debb • Sanderson, David • Shackleton, Brent • Strathdee, Steve • Tamlin, Brenda • Vandermeer, Sonja • Webster, Cha

Green \$150 - \$499 Craft, Evan • Brown, Jennifer • Gingrich, Cleason • St. Thomas Aquinas Secondary • Antal, Jane • St. Dominic Catholic Elementary School • Fintelman, Kim • Carroll, Margaret • Koski, Kenneth • Schumacher, Heidi • McColl, Frank & Charlene • Watson, Doug • Culham, Francis and Jacey • Smitty's Restaurant • Currie, Charlie and Ina • Auld, Mary • Fraser, Michael • Walden, Marion • Dow, Fraser • Nokes, Mildred • Sloan, Gordon and Nicole • Nancekieville, Ivan and Elaine • Bell, Judith • Pearson, Yvonne & Wilfrid • Locke, Rev. Michael • Lindsay, James • Lee, James & Nancy • Lackey, Mrs D.A. • Ivan, Barry and Lucy • Trent/Severn Heritage Chapter • Dunn, Mr. & Mrs. Pat & Marsha • Elementary Teachers' Foundation • Greidanus, Kelly • Herlihey, Patricia • J. Sanders and J. Armstrong • Kraemer, Jeremy • Luther, Percy • Martin, Ronald • Oberson, Aili • Percival, Wanda • Petrosioniak, Peter • Ward, J. 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