

Annual Report

How **you** help fight hunger in Kawartha Lakes

Our supporters made a significant and amazing impact this year, allowing us to serve our community in new and innovative ways!

Above all else, I would like to thank all of our food bank, food drive, sorting, pick up/drop off and garden volunteers for helping us help our community. Without YOU we would not be able to do as much as we do!

In March 2019, we were pleased to announce the opening of our own food bank, the Lindsay Community Food Market (LCFM). What initially started as a pilot project, has unexpectedly grown to consistently serve approximately 275 individuals per month. LCFM is a leader demonstrating the benefits of a “shopping-style” service where guests get to pick their own products rather than be given a pre-made box of supplies. By doing so, we aim to provide a dignified and empowering experience to those most vulnerable in our community.

Kawartha Lakes Food Source (KLFS) was a successful recipient of \$60,000 from Second Harvest to bring the FoodRescue.ca program to Lindsay. Since June of 2019, 36 businesses registered to donate food and 18 social service organizations registered to rescue food. These partnerships have seen 11,841 lbs of food rescued and over 34,658 kg of green house gases averted by keeping this good food out of landfills.

2019 was a difficult year for many in our community. With the cancelation of the basic income guarantee, the rising cost of food, and unaffordable housing, our member food banks were visited 12,140 times to serve those who sometimes do not have enough.

With your support, we continue to provide fresh fruit and milk to 21 schools within the City of Kawartha Lakes to support their Student Nutrition Programs as well as provide milk and eggs to our member food banks.

Because of you, KLFS will continue to serve our community, ensuring that everyone can exercise their right to have access to safe and healthy food for an active lifestyle.

On behalf of those who have been touched by your care in 2019, thank you.


 Heather Kirby,
 Executive Director

“I’ve never used a food bank before but I don’t know what else to do.”
 -First time using a food bank

“I would like to say thank you for the help myself and family has received.”
 -Client



Your gifts in action

Each month **you** help us:

✓ Supply food to
31 member agencies

✓  **10 food banks**

✓  **21 schools**

✓ Feed **7,200 individual people**

Our member food banks:

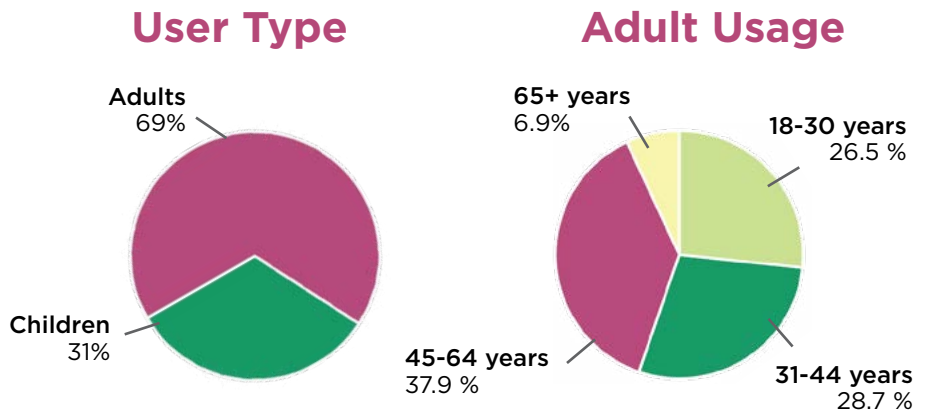
- Coboconk and Area
- Little Britain/Mariposa
 - Omemee
 - Centre of Hope
 - Woodville/Eldon
- Women’s Resources
- Fenelon Falls Salvation Army
- Dunsford Community Food Bank
 - Kinmount and Area
- Lindsay Community Food Market

Did you know?

Kawartha Lakes Food Source receives no regular funding from the government. We rely on community support to feed neighbours in need.

2019 Fast Facts

Who **you** help feed:



You help fuel young minds

33% of people who rely on Kawartha Lakes Food Source are vulnerable children.

Your support of our **Grab 'N Grow Breakfast Program** in 2019 made an incredible difference. In many instances, the school breakfast programs we support may be the only place students receive milk or fresh nutrition-packed fruit on a regular basis. From fresh hot meals at some schools to grab-and-go bags of cereal and granola bars at others, your support helps feed growing minds.



Each week **you** help us purchase **\$600 of fresh fruit** including apples, bananas and oranges for schools.

"Milk and fruit are something many of us take for granted but it is almost foreign for some of the students in our school. Our breakfast club is able to offer our students nutritious food everyday thanks to the donations of milk and fruit. We would not be able to offer the amount of fruit and milk that we currently do. Thank you for working so hard to get us what we need."

-Secondary School Teacher



Each week **you** help us purchase almost **1,200 school cartons of milk**.



Each week, **you** help provide nutritious food to students at **21 local K-12 schools!**

You make food banks possible

60 dozen

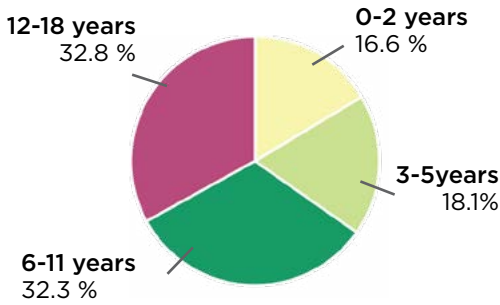


Each week, your support helps purchase **60 dozen fresh eggs** and we provide them to our member agencies who, in turn, assist a monthly average of **800 individuals**.

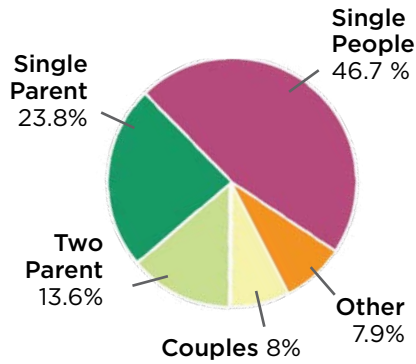


Each week **you** help us purchase **80 bags** of milk for the food banks.

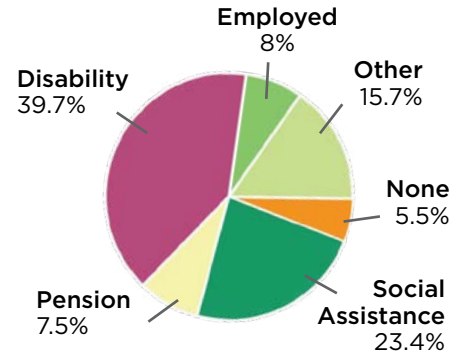
Child Usage



Household Type



Household Income



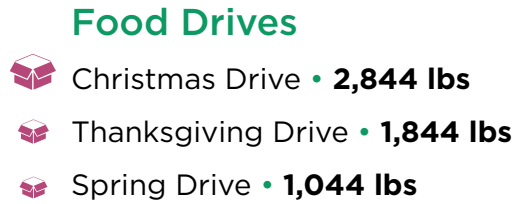
You help grow more fresh food

Our open gardens have now expanded to **60 raised beds in two locations**. It is built and maintained by volunteers for anyone in the community in need of food. Food Banks are open on set hours, but hunger can happen at any time. These gardens are open for the entire growing season - any time of day, any day of the week. The gardens produced: carrots, onions, beets, tomatoes, beans, cucumbers and kale. What was not harvested by the community, volunteers brought to KLFS for distribution to the food banks. A total of **1,583 lbs were harvested** from the Open Gardens and distributed to our member food banks. That is an amazing 84% increase over last year! Thank you to our amazing garden volunteers!



Another **6,609 lbs** of food was contributed by farmers & back yard growers! An increase of 15% from last season! **Thank you gardeners!**

Where our food comes from:



Volunteers are the backbone of the KLFS

Thank **you** for your generous gift of time!

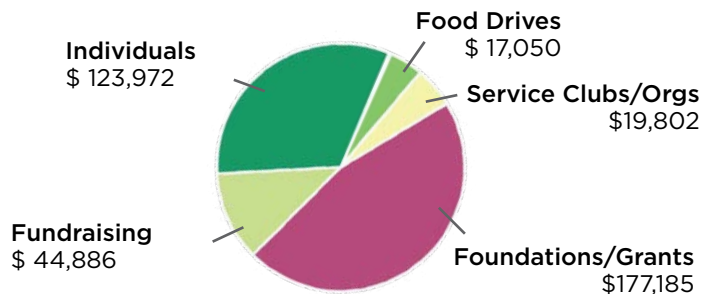


116 volunteers

4924 volunteer hours



Sources of Revenue



Thank **you** for fighting hunger in Kawartha Lakes!

We are grateful to all the individuals, businesses, social clubs and foundations for supporting our mission in 2019. While space limitations mean we can only recognize by name those gifts over \$150, please know that all gifts make a difference and every single contribution is appreciated!

Diamond

\$10,000 +

- Second Harvest • Tom and June Pick • Tim Hortons - all Lindsay locations • John Stinson • Congregation of the Sisters of St. Joseph

Platinum

\$5,000 - \$9,999

- RBC Financial Group • The Foster Hewitt Foundation • Commonwell Mutual Insurance • Synnett Trust, Jacques

Gold

\$3,000 - \$4,999

- Earl Manley • Ad Skope • Wayne Moss • Double "M" R.V. Resort & Campground • Kawartha Credit Union

Silver

\$1,000 - \$2,999

- The Bob and Vera Mark Charitable Foundation • Unifor Local 222 Retired Workers Chapter • Lindsay East District Lions
- Greygates Foundation • Staples & Swain • Richardson, Heather • Show Kids You Care • Spearing, Ted • Barg, Rob and Rose
- Hill, Edward & Mary • Zoebelein, Eric • Kennedy, Bonnie • Hobart's • Lindsay Christian Reformed Church • Simser, David & Karen
- Kehoe, Yvonne • Goodwin, Brad • Lovsin, Pat • Wood-Mizer Canada Co. • Firth, Ron and Kathy • Stainton, Mr. Stewart • IG Wealth Management • MacIntosh, Jane • Desbiens, Brian & Ellen • Kawartha Lakes Professional Firefighters • Kinsmen Club of Lindsay
- McLean Foundation • Johnson Jewellers Ltd • The Georgina Foundation • Optimist Club of Lindsay
- English, Estate of Evelyn • Enterprise Holdings • Walmart Foundation

Bronze

\$500 - \$999

- Gingrich, Ivan • Kemp, Lisa • Piggott, George • Society of St. Vincent DePaul • Shippel, Joan E. • Oliver, Terrance and Debra
- Devolin, Kim • Floortrends • Hargrave, Victoria • Niblett Environmental Associates Inc. • Unifor Local 222 Canada Active • Hardiman Mount & Associates • Naylor, Hector and Aileen • Lunar Rhythms Gardens • Lindsay Christian Reformed Church • Davies, Anne & George • Brubacher, Floyd & Lovina • Powell, Mr. & Mrs. Garnet • Smith, David and Sheila • Fresh Fuel Lindsay • St. Paul's Church • Sadler, Paul • Coles, Linda • Corp, Barbara • Truax, Barbara • Burns' Snow Removal & Lawn Care • Imrie, Allan and Marion • Lindsay Tai Chi Club • Gunsolus, Drew & Ann • Morrissey, Catherine • Anderson, Clifford • Zero In • Galloro Construction • Anderson, Dr. & Mrs. Peter • Glass, Mr. & Mrs. Bruce & Carol • Brien, David and Pauline • Niblett, Philip & Janis
- Thompson Fuels • Wheeler, Robert • Newton, Nancy

Green

\$150 - \$499

- Bain, Ray • Drury, Rob and Elena, Dr and Mrs. • KC Mechanical Inc. • Dyment, Craig and Leslie • Nancekievill, Ivan and Elaine
- Oakley, Joan • Hamilton, Marlene • Omemee Veterinary Hospital Pro • Food Banks Canada • Wilms, Bill • McCaul, Dawn • Brown, Ross & Carole • McColl, Frank & Charlene • Bebbington, Sheila & John • Connolly, Caryle • Johnson, Lynn & Diane • Rosepark Landscaping Ltd. • Franklin, William • Locke, Rev. Michael • Brooks, Susan • Gardner, Rob • Hayes, Beatrice • Fedele, Lisa • 2686172 Ontario Inc • Seabright United Church • Clements, Jody • Lindsay C.R.C. Deacons • Puffer, Michael and Catherine • Todd, Larry & Linda • Robins, Clare & Sheila • Burns, Garry • Watson, Doug • Currie, Charlie • Culham, Francis and Jacey • Radiff, Max • Stillwell, Bert & Sheila • Cummings, Michael • Tummon, Mrs. Nama • Fulton, Alexandra • Wilson, Larry & Michelle • Luskin, Peter • Rodd, Ann • Chambers, Ross • Harvey Dawe Realty Ltd. • Byer, Nanci • Stroobach, Erwin • Dominic, Fran • Faulkner, Mr. & Mrs. Bruce • Sebright United Pastoral Charge • Kennedy, Mr. William • Moynes, William & Brenda • Mabee, Chris & Jennifer • Robson, Trudie Lee • Scottish Rite Club of Victoria District • Gibson, Kelsey • Flynn, Sandy • Fintelman, Kim • Snellen, Simon • Benson, Deb • Ecob, Naomi A.
- Alberti, Jo • CUPE Local 1167 • Henderson, Brian and Pat • Calvary Pentecostal Church • Payne, Peter & Gail • 2550003 Ontario Inc • Pickering, Mr. & Mrs. John • Home Hardware Building Centre • Koch, Janice • Kuypers, Trevor & Shannon • Lackey, Mrs D.A.
- Lindsay, James • Izzio, Peter • Moyer, Deborah & Glenn • Catling, Ruby • Phelps, Sharon • Mary Marthas Group • Victoria West District Women's Institute • Connell, Trina • Jewell, Clark • Morris, Jamie • St. Paul's Church • Philp, Catherine • Tohill, Maria
- Wansbrough, Marg • Albers, Hendrick and Rachel • Heaton, Vivian • Smart, Jean • Harrison, Ken & Joyce • Kellestine, Betty
- Edwards, Dorothy • Wilcocks, Gillian • Davidson, Paul • Oakes, Kenneth and Arlene • Conservative Party of Canada • Newman, Peter • Lazzaro, Tom Molica • Shaw, Katherine and Brent • Murray, John & Elaine • Manmohansingh, Pooran and Cecilia • Hall, Susan

