

Annual Report

How **you** help fight hunger in Kawartha Lakes

Thank **you** for helping reduce hunger in your community!

What are we doing well? What could we do better? What challenges do we face together? These were among the many questions that guided our strategic planning process in 2017. Building on our strong history and base of support – fueled by our amazing volunteers – we looked for new opportunities to get food to those who do not have enough. Reaching out and seeking input directly from our partners, stakeholders, volunteers and community members reaffirmed our mission to raise public awareness of the growing problem of hunger in our community and work in concert with other local not-for-profit organizations to make a difference.

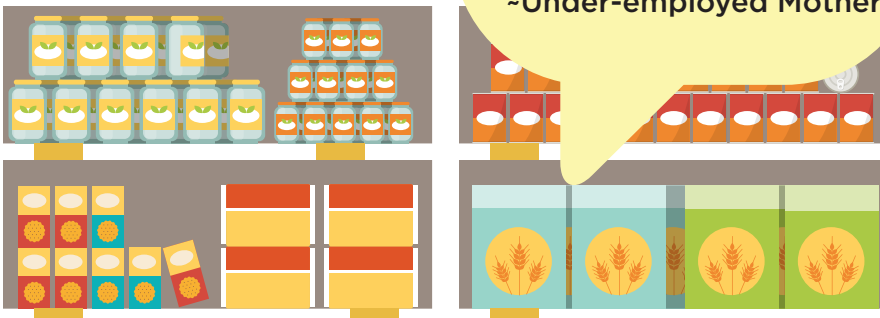
Based on the feedback we received, we will plant the seeds to establish and nurture more community partnerships. We'll help people build skills and confidence and we'll explore new ways to get food to those in the most need. With you by our side, we will maintain our firm and unwavering commitment to supporting those who feed our hungry. On behalf of everyone touched by your support in 2017, thank you for helping those in your community struggling with hunger.



Heather Kirby
 General Manager

"The food bank helps alleviate the stress of having nothing for the children to eat."

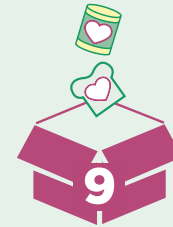
-Under-employed Mother



Your gifts in action

Each month **you** help us:

✓ Supply food to **30 member agencies**



9 food banks



21 schools

✓ Feed **5,500 people**

Our member food banks:

- Coboconk • Little Britain
- Omemee • Centre of Hope
- Woodville
- Women's Resources
- Fleming College in Lindsay
- Fenelon Salvation Army
- Dunsford Food Bank

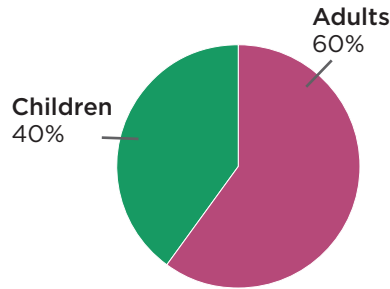
Did **you** know?

Kawartha Lakes Food Source receives no regular funding from the government. We rely on community support to feed neighbours in need.

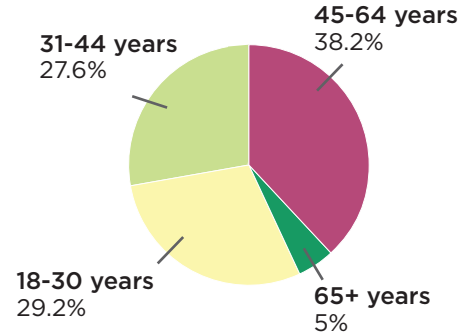
2017 Fast Facts

Who **you** help feed:

User Type



Adult Usage



You help fuel young minds

Over 40% of people who rely on Kawartha Lakes Food Source are vulnerable children.

Your support of our **Grab 'N Grow Breakfast Program** in 2017 made an incredible difference.

In many instances, the school breakfast programs we support may be the only place students receive milk or fresh nutrition-packed fruit on a regular basis. From fresh hot meals at some schools to grab-and-go bags of cereal and granola bars at others, your support helps feed growing minds.



Each week, **you** help provide nutritious food to students at **21 local K-12 schools!**

Each week, your support helps purchase **40 dozen fresh eggs** and we provide them to our member agencies who, in turn, assist a monthly average of **800 individuals**.

40 dozen



Each week **you** help us purchase **60 bags** and almost **1,200 school cartons of milk**.



"The most popular component of our Breakfast Program is the abundance of fresh fruit made available to students, thanks to the Kawartha Lakes Food Source and those who donate to this program. It is an expense that we could not otherwise consider in our planning of menu items to offer our students."

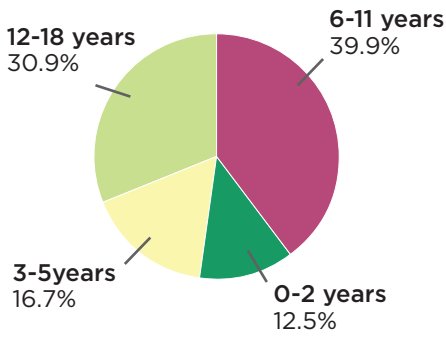
~St. Thomas Aquinas Catholic High School

Each week **you** help us purchase **\$600 of fresh fruit** including apples, bananas and oranges for schools.

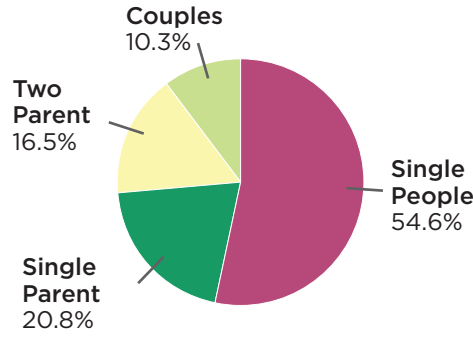
\$600



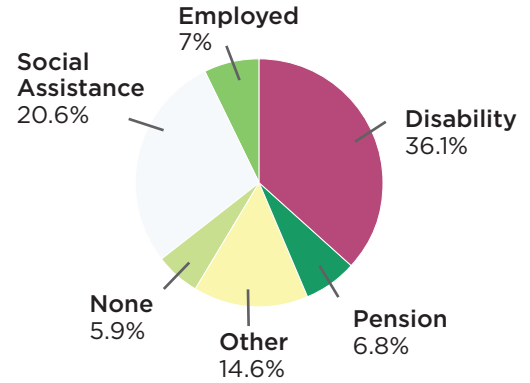
Child Usage



Household Type



Household Income



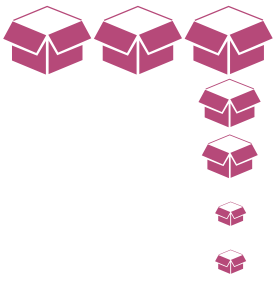
You help grow more fresh food

The KLFS Gardens program provides a sustainable source of fresh, healthy food for our member agency food banks. In 2017, we **expanded our gardens to 11 beds**. Our gardens produced over **275 lbs of vegetables** including beets, carrots, cucumbers, beans and tomatoes thanks to the support of our donors and amazing volunteers! **Individual people contributed another 455 lbs of veggies. A grand total of 730 lbs went to people in need.**



11 garden beds
275 lbs of vegetables

Where our food comes from:



Non-perishable

- Grocery store reclamation • **150,140 lbs**
- Individuals • **23,647 lbs**
- 3rd Party Events • **20,189 lbs**
- Churches • **3,017 lbs**
- Grocery stores • **2,644 lbs**

Food Drives

- September door-to-door • **10,276 lbs**
- Christmas • **3,325 lbs**
- Spring • **1,777 lbs**

Volunteers are the backbone of the KLFS

Thank **you** for your generous gift of time!

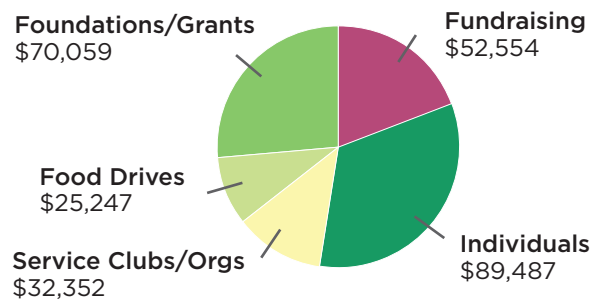


3695
volunteer
hours

150 volunteers



Sources of Revenue



Thank **you** for fighting hunger in Kawartha Lakes!

We are grateful to all the individuals, businesses, social clubs and foundations for supporting our mission in 2017. While space limitations mean we can only recognize by name those gifts over \$150, please know that all gifts make a difference and every single contribution is appreciated!

Platinum \$5,000 +

- The Commenwell Mutual Insurance Group • Tim Horton's • The Foster Hewitt Foundation
- Pick, Tom and June • City of Kawartha Lakes Child Benefit Grant • Congregation of the Sisters of St. Joseph

Gold \$3,000 - \$4,999

- United Church of Canada - Bay of Quinte Conference • Ontario Association of Food Banks
- Food Banks Canada • City of Kawartha Lakes C.H.E.S.T. Fund • Mazon Canada • S.M. Blair Family Foundation
- Kawartha Credit Union • The George Lunan Foundation • Show Kids You Care • CIBC • Manley, Earl and Marilyn
- Pilkington-Henniger Foundation • The Bob and Vera Mark Foundation • Enterprise Holdings

Silver \$1,000 - \$2,999

- Royel Paving Limited • Smalley Produce Limited • TD Bank • The Bob and Vera Mark Charitable Foundation
- Unifor Local 222 Canada Active • Unifor Local 222 Retired Workers Chapter • Coles, Linda • Leon Frazer and Associates
- Kehoe, Yvonne • Desbiens, Brian • Richardson, Heather • Hydro One Employees' and Pensioners'
- Lindsay C.R.C. Deacons • Kawartha Lakes Professional Fire Fighters • Royal Canadian Legion Br 67
- Long Sault Ridge Runners Snowmobile Club • United Church • Zoebelain, Eric

Bronze \$500 - \$999

- Anderson, Clifford • Barrowclough, Cathy • Bell, Brian & Cathy • Cambridge St. United • G. Evans Professional Corp.
- Galloro Construction • Gunsolus, Drew & Ann • Holloway, David • Holly, Liza • Johnson, Lynn & Diane
- Kawartha Region Conservation • Lindsay Tai Chi Club • Lindsay Volunteer Firefighters Assoc. • MacIntosh, Jane
- McHugh, Tandy Mrs. • Naylor, Aileen • Newton, Nancy • Niblet, Philip & Janis • Rouge River Farms
- Smith, David & Sheila • Smith, Frank & Marjory • Somerville, Joan • St. Paul's Church • Stainton, Mr. & Mrs. Stewart
- The Pampered Chef • Via Rail Canada • Wood-Mizer Canada Co.

Green \$150 - \$499

- Allen, Larry & Deanna • Almey, Nancy • Bain, Ray • Barg, Mr. and Dr. Robert & Rosanna • Barton, Patricia
- Bebbington, Sheila & John • Beta Sigma Phi • Brien, David & Pauline • Brouwer's Strawberries • Brown, Ross & Carole
- Byer, Nanci • Campbell, Leah M. • Catling, Ruby • Chambers, Ross • Clements, Jody • Connell, Trina • Connolly, Caryle
- Corp or Wakeford • Culham, Francis & Jacey • Cummings, Michael • Currie, Charlie • Curtin, Verna J. • Davidson, Paul
- Davies, Anne & George • Devitt, Deborah • Dominic, Fran • Drury, Elena, Mrs. • Dymont, Craig & Leslie
- Economy Wheels • Fintelman, Kim • Fisk, Claire E. • Flynn, Moira • Franklin, Barbara • Hallett, Mrs. Darlene • Hannam, Neil
- Hargrave, Victoria • Hill, Edward & Mary • Hydro One • Karelsen, Sarah • Kehoe, Yvonne • Killens, Ann • Lackey, Mrs. D.A.
- Lindsay Marathon Bridge Club • Lindsay, James • Lovsin, Pat • Mabee, Chris & Jennifer • Manmohansingh, P.
- Martell, Fred & Jacqueline • Meadwell-Mowat & Fennell • Parkes, Robert • Payne, Dr. Gail • Petrosioniak, Dr. & Mrs. Peter
- Philp, Catherine • Pickering, Mr. & Mrs. John • Poisson, Darlene & Richard • Powell, Mr. & Mrs. Garnet • Radiff, Max
- Reeds, Kaye • Reeds, Paul & Diane • Rodd, Anne • Rosepark Landscaping • Scottish Rite Club of Victoria District
- Simser, David & Karen • Smart, Jean • Snellen, Simon • Staples, Linda • Stillwell, Bert & Sheila • TD Investment Services
- Thompson Fuels • United Way • Walden, Marion • Watson, Doug • Willcocks, Ron & Gillian • Wilson, Larry & Michelle